



SFD International Syllabus & Freestyle Dance Competition 2025 and SFD Dance Workshops

Dates: Saturday 19th & Sunday 20th July 2025

Venue: Chiang Mai University Convention Centre
Tong Kwao Theatre - for Competition
Sala Thai - for Dance Workshops

Registration

Closing Date: 12th April 2025, or earlier if **SOLD OUT**

ENTRY FEES:

Syllabus competition (includes certificate, prize, written critique and onstage session)	\$40.00
Freestyle Solo (includes certificate, trophy and written critique)	\$50.00
Freestyle Duos/Trios/Quads (includes certificate, trophy and written critique)	\$40.00 (per person)
Freestyle Troupes (Trophies for 1st, 2nd and 3rd place prize winners, ribbons for all performers and written critique)	\$100.00 (per group)
Dance Workshops with International Examiner (includes certificate)	
8 years & under (45 min Jazz Class)	\$35.00
12 years & under (1 hour Jazz Class)	\$40.00
13 years & above (1 hour Jazz Class)	\$40.00

Competitors must be registered through Teachers.

To Register: [SFD International Dance Competition 2025](#)

- Create a personal account with Comps-Online using SFD address:
[PO Box 2218, Rowville 3178](#)
- Go to your email to activate the account, then login and register

SFD International Syllabus & Freestyle Dance Competition Rules

SFD Syllabus Competition:

1. Students must have completed an SFD Exam (normal or progress) in the 2024 or 2025 exam seasons in order to compete.
2. Students attending a full-time dance course (more than 15 hours per week) or teaching unsupervised for more than 6 hours per week will not be eligible to enter the Syllabus competition.

Entry includes: Either a Trophy or Medal depending on performance score
(1st, 2nd or 3rd place prize winners will receive a trophy)
(Honourable Mentions or Special Mentions will receive a Medal)
Participation Certificates
Photography

SFD Freestyle Competition:

1. Students from any registered Dance School/Studio may enter the Freestyle competition.
2. Competitors in any sections from 19 yrs and below, must not be earning any income from dance.
3. 20 yrs & over sections are open to students/performers earning income from full or part time dance teaching.

Entry includes: Trophy for each performer in Solos & Duos/Trios/Quads (either 1st, 2nd or 3rd based on score)
Trophies per team in Troupes for 1st, 2nd and 3rd place prize winners, ribbons for all performers
Participation Certificates
Photography

SFD Dance Workshops: (held on Sunday 20th July 2025 - Free viewing for Teachers)

Any dance student can register to attend the SFD Dance Workshops but must be registered through their teachers.

Participation Certificates are included. Jazz Workshop Sessions will be held for the following age groups:

- 8 yrs & under (Class length - 45 minutes)
- 12 yrs & under (Class length - 1 hour)
- 13 yrs & above (Class length - 1 hour)

Registrations:

1. Dance Schools/Studios/Teachers can register students for any of the above 3 events.
2. Entries must be lodged via [SFD International Dance Competition 2025](#)
(payments will be accepted by a PayPal account or credit card).
 - Set up an account with Comps-Online and fill in the Address as follows:
Country: Australia
Address: PO Box 2218
Suburb: Rowville
Post Code: 3178
State: Victoria
 - Activate the account via email
 - Login and register for SFD International Syllabus & Freestyle Dance Competition & Workshops.
 - **Please note: a \$5 booking fee will be charged by Comps-Online per invoice.**
3. Registrations may close early, if sold out before the closing date.
4. Competition registration includes a complimentary digital Competition program.
5. The SFD Committee may change or combine sections if insufficient entry numbers are received.
6. Registrations will only be accepted once the full entry fee has been received.
7. Refunds will not be given for non-attendance or change of mind. In the event that SFD is forced to cancel the event due to Government restrictions or other unforeseen circumstances, refunds will be provided **less booking fees & credit card fees.**
8. For Duos, Trios & Quads, the names and birth dates of each competitor must be given at the time of entry.
9. Performers must compete under the name that they have registered with and cannot be swapped.
10. Competitors can only enter within their own age group.
11. Competitors can only compete once in each style of Duo, Trio & Quad sections, unless these sections are combined by the Organiser.

Age:

1. The competitor's age will be taken from **1st January 2025**.
2. The correct date of birth of each entrant must be supplied at the time of registration.
3. For Duos, Trios, Quads and Troupes, the section entered will be determined by the age of the oldest entrant.
4. Proof of Age must be presented upon request. Prizes may be withheld until ID has been sighted.

Freestyle Time Limits:

- | | |
|------------------------------|--------|
| 1. Solos, Duos Trios & Quads | 3 mins |
| 2. Troupes | 5 mins |

Music:

1. Teachers must ensure that music choices are suitable for family audiences.
2. SFD will provide music for all exercises in the Syllabus Competition and for students who are using the Set Exam Dance music. Teachers choosing to using different exam dance music must refer to Point 3 below.
3. Once the SFD International Competition digital program has been sent, Teachers will be asked to submit their students' music to sfdcompmusic@gmail.com.
 - **For Teacher's Own Choice Exam Dance Music** - the **Style & Level** must be listed in the **Music file name** and your email should clearly list each performer who will be dancing to that specific track title.
 - **For the Freestyle Competition** - the **section number, performer number and performer name** must be listed in each music file name.
4. Teachers must bring a back-up copy of their music on USB and on a device in case of faults.
5. If there is a music issue, the following procedures will occur:
 - a) **If music is skipping or playing up during a competitor's dance**, the adjudicator will turn off the music allowing students to continue without music.
 - b) **If a competitor stops dancing and leaves the stage due to faulty music/jumping/stretched/skipping** they will be given the option of repeating their dance, without disqualification.
 - c) **If a competitor continues dancing without music, they will not be disqualified.** They will be given the option of repeating their dance at the end of the section with music.
 - d) **If music is faulty on a repeat performance**, the competitor can decide whether to leave the stage or continue without music. The competitor will not be disqualified for music issues beyond their control.

Adjudication:

1. International Adjudicators will be appointed by the SFD Committee.
2. The Committee reserves the right to substitute an Adjudicator in the event of unforeseen circumstances.
3. The competitor and teacher must accept as final any decision made by the Adjudicator(s) and no correspondence will be entered into.

General Rules

1. The Committee reserves the right to amend the program or workshop schedule, to divide or combine any section, and to cancel any section/workshop if insufficient entries are received. Entry fees will be refunded if a section is cancelled.
2.
 - a) Competitors must arrive and be ready backstage, at least **30 minutes** prior to the publicised start of their section.
 - b) Competitors must remain in their designated dressing room area until summoned by an SFD representative.
 - c) Competitors must be ready to take their places on stage at the given time and must compete in the order in which their names appear on the running sheet.
 - d) If not present when called upon, competitors are liable for disqualification.
3. All Choreography, Music and Costuming must be suitable for a family audience.
4. Teachers will be permitted to remain side stage for the duration of their student's dance items only.
5. The Committee reserves the right to disqualify any competitor for any action not in accordance with any of the rules of the Southern Federation Dance Competitions.
6. It is agreed upon entering this competition that participants, including students, parents, teachers and other spectators, will not hold Southern Federation of Dance or its committee or volunteers, or host facilities liable for injuries sustained, illnesses contracted by them or loss of property while in attendance and/or participating in any activity related to this event.
7. Protests are to be made in writing within 20 minutes of adjudication, and before the end of the next section. A deposit of \$30.00 must accompany any protest, which will be forfeited if deemed frivolous.
8. No alcohol is permitted to be consumed by competitors at any time while the competition is in progress. Drinking of alcohol in any part of the theatre will result in disqualification and the offender will be asked to leave the theatre immediately.

9. No lighted candles, naked flames, fresh fruit, flowers, vegetables or glass may be used on stage.
10. All props must be able to be set up or removed within 30 seconds. A responsible adult must accompany a competitor with props, to help position them on stage. No curtains will be provided to place props on stage.
11. SFD will not post or arrange collection of any prizes once the event has closed.
12. No personal filming or photography is allowed in dressing rooms.
13. Cell Phones, iPads, Video Cameras, Cameras or any other recording devices must **NOT** be used by the audience to video or take photographs whilst competitors are performing. Breaking this rule may risk disqualification.

Syllabus Competition Rules:

1. If a competitor leaves the stage before completing all of their exercises and exam dance, they will not be eligible for a 1st, 2nd or 3rd prize but may receive an Honourable Mention or Special Mention at the adjudicator's discretion.
2. Late competitors who miss their allotted competition time, will not be able to perform.
3. Exam style uniform or dancewear should be worn that clearly shows all body lines. Participants will not be assessed on what they wear. (Make Up is optional).
4. Students will be assigned a number to be worn whilst on stage.

Freestyle Competition Rules:

1. If a competitor leaves the stage before completing their dance (for reasons other than music issues) and requests a second attempt, they will be placed at the end of the section and will still be eligible for a trophy prize, with a deduction of points.
2. Late competitors who miss their section, will not be able to perform.
3. If a performer is scheduled to perform again within 8 dances of a previous section, their order may be changed if approved by the Competition organiser and once adjudicators have been advised.
4. Freestyle Competitors must comply strictly with the time limits stated. They will not be adjudicated after the specific time has elapsed and are liable for disqualification for any breach of this rule.
5. No lighted candles, naked flames, fresh fruit, flowers, vegetables or glass may be used on stage.
6. All props must be able to be set up or removed within 30 seconds. A responsible adult must accompany a competitor with props, to help position them on stage. No curtains will be provided to place props on stage.
7. **Competitors in Under 13 sections MUST NOT wear pointe shoes.**
8. If registering performers in "**Other styles**", the teacher must list the name of the performer and the style of dance they are presenting, in the questionnaire at the end of the registration process.
9. Highest Scoring Trophies will only be provided if there are enough entries and/or sponsors.

Media and Publicity Consent:

SFD may use brief excerpts of videos or photographs of dancers for promotional purposes. By participating in this competition, you consent to having photos or videos taken by SFD. If any performer does not give consent for their image/s to be shared, it is the responsibility of the parent/performer/teacher to notify SFD in advance. Please ensure that the performer knows to step out of any publicity photos or videos.

Ticket Information:

Early Bird Discount Tickets - submit to SFD by 31st May 2025	Price Per Day
Adults	\$18.00
Children 4 - 14 years	\$13.00
Children under 4 years	Free
Pay at the Venue on the Day	Price Per Day
Adults	500 bht
Children 4 - 14 years	400 bht
Children under 4 years	Free
Teachers	Free

To take advantage of the special Early Bird Discounted Audience Tickets, schools must collect money on behalf of SFD and email a list of the required number of Adult and Child tickets for each day. SFD will issue a PayPal invoice for the required number of pre-purchased tickets along with an Excel Spreadsheet that must be completed with all ticket holder information. Payment must be received by 31st May 2025 with the completed Excel list.

Tickets may also be purchased on the day. See above list of fees.

SFD International Dance Competition Syllabus Categories and Codes

Registration Fee \$40.00 per person

Entry includes: **Either a Trophy or Medal depending on score**
 (1st, 2nd or 3rd place prize winners will receive a trophy)
 (Honourable Mentions or Special Mentions will receive a Medal)

Participation Certificates

Photography

Classical Syllabus	Code	Syllabus Exercises to be performed
Foundation (8 yrs & under)	001	Bends, Head & Arms, Jump & Hop, Sideways Travel, Imaginative Dance (Teacher or Example version), Dance Moves (Teacher or Example version)
Level 1 (9 yrs & under)	002	Demi Plies, Port de Bras, Sautés, Gallops en avant, Combination 1 (Teacher or Example version), Exam Dance (Teacher or Set Dance)
Level 2 (10 yrs & under)	003	Port de Bras, Sautés & Echappés, Spring Points, Gallops & Skips, Combination 2 (Teacher or Example version), Exam Dance (Teacher or Set Dance)
Level 3	004	Port de Bras, Balletic Walks, Preparation for Spotting, Soubresauts & Echappés, Gallops & Spring Points, Exam Dance
Level 4	005	Port de Bras, Chasse Exercise, Soubresauts & Changements, Balletic Walks, Gallops with 1/2 turn, Exam Dance
Level 5	006	Port de Bras, Battement Tendu with Side Stretch, Soubresauts & Changements, Petit Jeté, Pose Coupe, Exam Dance
Level 6	007	Port de Bras, 1st, 2nd & 3rd Arabesque, Echappe Sauté with Soubresaut, Glissade and Assemble A, Pose Coupe Waltz, Exam Dance
Level 7	008	Port de Bras, Exercise for Arabesque, Pirouette en Dehors, Pas de Bourree, Sissone Fermé de Cote (Over), Pas de Valse
Pre-Elementary	009	Port de Bras, Temps Lie en L'air (set), Pirouette en dehors, Jeté Enchaînement, Sissone en avant, Grand Allegro
Elementary	010	Port de bras, Adage Study, Pirouette Enchaînement, Coupe Fouette Raccourci, Batterie Enchaînement, Grand Allegro
Intermediate	011	Port de bras, Adage Study, Grande Pirouette, Fouetté Ronds de Jambe en Tournant, Allegro Enchaînement, Grand Allegro
Jazz Syllabus	Code	Syllabus Exercises to be performed
Foundation (8 yrs & under)	012	Bends, Head & Arms, Jump & Hop, Sideways Travel, Imaginative Dance (Teacher or Example version), Dance Moves (Teacher or Example version)
Level 1 (9 yrs & under)	013	Bend & Foot Stretches, Floor Exercise, Hitches with Walk & Place, Jumps in 1st, Combination 1 (Teacher or Example version), Exam Dance (Teacher or Set Dance)
Level 2 (10 yrs & under)	014	Bends in 2nd, Floor Exercise, Jumps, Windmills & Picked Up Jumps, Combination 2 (Teacher or Example version), Exam Dance (Teacher or Set Dance)
Level 3	015	Bending Combination, Arm Exercise, Kick Ballchange, Step Hitch, Jump into 1st, Exam Dance (Teacher or Set Dance)
Level 4	016	Body Curls & Isolations, Co-Ordination Step, Step Ballchange & Drag Runs, Jump Kick Travelling Back, Combination 4, Exam Dance (Teacher or Set Dance)
Level 5	017	Isolation and Ripple, Hip Hop, Jazz Springs, Pounce, Combination 5, Exam Dance (Teacher or Set Dance)
Level 6	018	Funk Steps, Contracted Walk Sequence, Kick with Turns, Jazz Springs & Hitchkick, Combination 6, Exam Dance (Teacher or Set Dance)
Level 7	019	Hip Hop, Lyrical Jazz, Contemporary, Elevation Step, Combination 7, Exam Dance (Teacher or Set Dance)
Level 8	020	Hip Hop, Single & Double Turns, Contemporary, Jeté Combination, Combination 8, Slow or Fast Exam Dance (Teacher or Set Dance)
Level 9	021	Floor Exercise, Turning Sequence R & L, Kicks, Contemporary, Combination 9, Exam Dance (Teacher or Set Dance)
Level 10	022	Commercial Jazz, Lyrical, Contemporary, Tango, Combination 10, Exam Dance (Teacher or Set Dance)
Tap Syllabus	Code	Syllabus Exercises to be performed
Level 5	023	Pick Ups, Drum Rolls, Waltz Timestep, Flap Stomp, Combination 5, Set Dance
Level 6	024	Trebles, Cincinnati & Double Pick Ups, Cramp Roll & pick up change, Hopovers, Combination 6, Set Dance

SFD International Dance Competition

Freestyle Categories and Codes

Solos \$50.00, Duos/Trios/Quads \$40 per person

Entry includes: **Trophy for each performer (either 1st, 2nd or 3rd based on score)**
 Participation Certificates
 Photography

Age Group	Code	Section Name
SOLOS - Time Limit 3 mins		
6 yrs & under	025	Classical Solo
	026	Jazz Solo
	027	Lyrical / Contemporary Solo
	028	Hip Hop Solo
	029	Other style
9 yrs & under (7 - 9 yrs)	030	Classical Solo
	031	Jazz Solo
	032	Lyrical / Contemporary Solo
	033	Hip Hop Solo
	034	Other style
12 yrs & under (10 - 12 yrs)	035	Classical Solo
	036	Jazz Solo
	037	Lyrical / Contemporary Solo
	038	Hip Hop Solo
	039	Other style
15 yrs & under (13 - 15 yrs)	040	Classical Solo
	041	Jazz Solo
	042	Lyrical / Contemporary Solo
	043	Hip Hop Solo
	044	Other style
19 yrs & under (16 - 19 yrs)	045	Classical Solo
	046	Jazz Solo
	047	Lyrical / Contemporary Solo
	048	Hip Hop Solo
	049	Other style
20 yrs & over	050	Classical Solo
	051	Jazz Solo
	052	Lyrical / Contemporary Solo
	053	Hip Hop Solo
	054	Other style

Age Group	Code	Section Name
DUOS / TRIOS / QUADS - Time Limit 3 mins		
6 yrs & under	055	Classical
	056	Jazz
	057	Lyrical/Contemporary
	058	Hip Hop
	059	Other style
9 yrs & under (7 - 9 yrs)	060	Classical
	061	Jazz
	062	Lyrical / Contemporary
	063	Hip Hop
	064	Other style
12 yrs & under (10 - 12 yrs)	065	Classical
	066	Jazz
	067	Lyrical / Contemporary
	068	Hip Hop
	069	Other style
15 yrs & under (13 - 15 yrs)	070	Classical
	071	Jazz
	072	Lyrical / Contemporary
	073	Hip Hop
	074	Other style
19 yrs & under (16 - 19 yrs)	075	Classical
	076	Jazz
	077	Lyrical / Contemporary
	078	Hip Hop
	079	Other style
20 yrs & over	080	Classical
	081	Jazz
	082	Lyrical / Contemporary
	083	Hip Hop
	084	Other style

SFD International Dance Competition Freestyle Troupe Categories and Codes

Troupes \$100 per group

Prizes include: **Troupe Trophy per Team for 1st, 2nd or 3rd place**
 Award Ribbons for each performer
 Photography
 (Certificates are not provided for Troupes, only for Solos, Duos/Trios/Quads)

Age Group	Code	Section Name
TROUPES – Time Limit 5 minutes		
6 yrs & under	085	Classical
	086	Jazz
	087	Neo/Lyrical/Contemporary
	088	Hip Hop
	089	Other style
9 yrs & under (7 - 9 yrs)	090	Classical
	091	Jazz
	092	Neo/Lyrical/Contemporary
	093	Hip Hop
	094	Other style
12 yrs & under (10 - 12 yrs)	095	Classical
	096	Jazz
	097	Neo/Lyrical/Contemporary
	098	Hip Hop
	099	Other style
15 yrs & under (13 - 15 yrs)	100	Classical
	101	Jazz
	102	Neo/Lyrical/Contemporary
	103	Hip Hop
	104	Other style
19 yrs & under (16 - 19 yrs)	105	Classical
	106	Jazz
	107	Neo/Lyrical/Contemporary
	108	Hip Hop
	109	Other style
20 yrs & over	110	Classical
	111	Jazz
	112	Neo/Lyrical/Contemporary
	113	Hip Hop
	114	Other style



Become a Sponsor for the SFD International Dance Competition 2025

Support the Art of Dance & Gain Valuable Exposure for Your Business!

Your sponsorship will help cover the cost of trophies, medals, ribbons, and certificates for all dance performers. In return, your business will receive exclusive publicity opportunities at the competition.

Sponsorship Benefits:

✔ Platinum Sponsor – 6,000 bht

- Full-page advertisement in the event program
- Logo placement on all event materials & social media
- Business name listed in the event program
- Allocated space at the event for flyers, banners and to sell products
- Recognition during the competition
- Complimentary VIP tickets – 2 tickets for 2 days

✔ Gold Sponsor – 4,500 bht

- Full-page advertisement in the event program
- Logo placement on all event materials & social media
- Business name listed in the event program
- Recognition during the competition
- Complimentary VIP tickets – 2 tickets for 1 day

✔ Silver Sponsor – 3,000 bht

- Half-page advertisement in the event program
- Logo placement on all event materials & social media
- Business name listed in the event program
- Recognition during the competition
- Complimentary VIP tickets – 1 ticket for 1 day

✔ Bronze Sponsor – 1,000 bht

- Logo placement on all event materials & social media
- Business name listed in the event program
- Recognition on social media
- Acknowledgment at the event

We are also searching for sponsors to provide Highest Scoring Trophies for each age category in the Freestyle Competition. Company name will be on the Trophy and listed in the program. Please contact us if you are interested in this opportunity. Highest Scoring Trophies will only be presented if there are enough entries and/or sponsors.

How to Sponsor: ✉ Email us at info@dancesfd.asn.au

Sponsorship Closing Date: 20th April 2025

Thank you for supporting the SFD International Dance Competition and celebrating the talent of dancers from around the world!