

LAKE SIDE DANCE CHALLENGE

2026 SYLLABUS

ENTER VIA: **[HTTPS://WWW.COMPS-ONLINE.COM.AU](https://www.comps-online.com.au)** →

2026 EVENTS

NEWCASTLE GROUPS

JUNE 20

HUNTER THEATRE - HSPA, BROADMEDOW

NEWCASTLE SOLOS

JULY 4/5

CALLAGHAN COLLEGE JESMOND

TAREE SOLOS

SEP 4

MANNING ENTERTAINMENT CENTRE - TAREE

TAREE GROUPS

SEP 5

MANNING ENTERTAINMENT CENTRE - TAREE

SYDNEY SOLOS

OCT 17/18

TBC

GENERAL INFORMATION

ENTRY FEES:

Solos \$35
Duo/Trio \$45
Championship \$50
Compulsory Solo Competitors Pass \$25
Admin Fee (per dancer or studio for groups) \$15
Improv Free on the day
Small Group (4-12) \$50
Large group (13 or more) \$60

SPECTATOR FEES:

Solos - Free
Groups - \$25 per session

All entries are to be made via CompsOnline. Entries close on the date displayed on CompsOnline or when capacity is reached, whichever is sooner. A digital program will be sent and you will be given one week to make any changes. Once the final program is sent there is NO FURTHER CHANGES OR ADDITIONS - this includes at the competition.



SECTIONS AND AGE DIVISIONS

AGE DIVISIONS:

4/u - Itsy Bitsy
5/u - Tiny
6yrs - Mini
7-8yrs - Petite
9-10yrs - Junior
11-12yrs - Pre-Teen
13-14yrs - Teen
15/O - Senior



Age is cut off from Jan 1, 2026

DuoTrio/Quartet age is calculated by average age as of Jan 1

SECTION LEVELS:

Beginner - First 12 months performing solos

Rising Star (specially restricted/novice) - Have never won that style of solo

Shining Star (restricted and open) - Have won that style of solo

Super Star (advanced) - have won that style of solo in open sections with more than 2 competitors

Elite Star - You MUST enter this level if any of the following apply:

- Have won an overall title at a National/International Level that provides you with training/competition experience in another country.
- Participate in part time/full time dance or distance education (including missing regular school to attend dance lessons outside of sport extension programs) in order to enhance their dance training.
- Are a dancer who is predominately focused on Classical Ballet (trains over 4hrs ballet/week includes in person or on online)
- Train more than 15+ hrs per week

You must only enter Elite Star for all routines - you cannot go into any lower sections

All Abilities - for those competitors with any need for assistance due to disability

STAR CHAMPIONSHIP:

This section is offered in all age divisions and only a winner and runner up will be announced (except for 4/5/6yrs they will all place). No repeats are allowed. This must be a new routine that has not been performed in any other section during the event. The routine can be any style except for song and Dance or acro routines as we want all dancers to be judged on the same amount of dance content/technical elements. This is offered as either Non-Tap or Tap Championship section.

SECTIONS AND AGE DIVISIONS

SOLO CATEGORIES:

Jazz
Traditional Lyrical (modern expressive) - soft, slow movements that are expressive
Commercial Lyrical - a fusion of soft and hard hitting elements that are usually faster in pace
Traditional Contemporary - slow and classically focused
Commercial Contemporary - a fusion of hard hitting movements that incorporate elements of many styles.
Classical Ballet
Demi Character
Classical Variation
Entertainment (Broadway, cabaret, musical theatre)
Acro
Open (any style) - any style including student choreography
Tap (any tempo)



IMPROVISATIONS:

Free to enter on the day and will take place at the end of each session in a dance of style environment

SPECIAL AWARDS:

** These awards are picked by the adjudicator or based off scores
Star Award - someone who caught the adjudicators eye in each age group
Technique Queen/King - Adjudicators choice in each age group
Most Promising Baby - Adjudicator's choice of any 6/u competitor
Versatility Awards - Aggregate champion of each age group (counted by most first places)
Highest Scoring Beginner Solo of each age group
TOP 5 SOLOS - overall highest scoring performers of each age division (4, 5 and 6yrs are separate, not combined)



SECTIONS AND AGE DIVISIONS

GROUP CATEGORIES:

Jazz
Lyrical
Contemporary
Classical Ballet
Entertainment (Broadway, cabaret, musical theatre)
Acro
Open (any style) - includes student choreography
Tap (any tempo)

Group age is
calculated by
average age as of
Jan 1

LEVELS:

Novice - less than 20% non part time/full time dancers
Elite - 20% or more of the performers in one group are part time/full time dancers

SPECIAL AWARDS:

** These awards are picked by the adjudicator or based off scores
Highest Scoring Junior, Intermediate and Senior Group
Most Entertaining Junior, Intermediate and Senior Group
Highest Scoring Group of the entire event



RULES/POLICIES

Age

- Age cut offs for ALL divisions are as of 1 January the year of the competition.
- You cannot dance up. You must dance in your own age group only.

Photography and Videography

- The right to use of any photos/videos for marketing purposes is given upon paid entry.
- No photography or video in any dressing rooms or whilst the performers are on stage; this will result in instant disqualification. Please use the spaces where banners are provided to take your content.
- No personal photography or video of any competitor on stage is allowed.
- On receipt of a paid entry, you agree that the performer will be photographed and videoed by our staff

Props

- Props can be used; however, it is the entrant's responsibility to place them in the allocated prop area, label them correctly, and bring them on/off stage throughout the competition
- No props such as paint or any other form of liquid that will harm to floor and other dancer's costumes is allowed.
- No harmful agents eg fire, water, smoke etc will be allowed on stage

Performing

- There cannot be any prompting, whistling, clapping, etc during any performance to 'coach' the entrant, excluding the assistance of 6/u, beginner or all abilities competitors if needed.
- In the event that a performer runs off stage they will only be allowed to dance again if they are entered as a 6/u competitor or a "Beginner" competitor. They will however be allowed to repeat if there is a technical difficulty or something else occurs out of their control.
- No teachers or parents backstage except for 6/u performances
- You cannot repeat any routine throughout the one event.
- No more than 4 acro tricks where participants hands and feet are off the floor at one time are to be in a dance routine.

Music

- All music is to be uploaded via Dropbox by the due date
- No vocal backing is permitted in Song & Dance or Song & Tap sections in the vocal portion of the routine.
- All music, lyrics and dance attire MUST be age and competition appropriate.
- 2.5 minute solo/duo length for all 10/u performers
- 3 minute solo/duo length for 11/O performers
- 5 minute group length for all routines

Entries

- By submitting an entry and completed payment, you will have agreed to all terms and conditions made by Lakeside Dance Challenge.
- It is the responsibility of the entrant/parent/guardian that all entries have been submitted correctly and honestly.
- NO REFUNDS will be given. Transfers for extreme unforeseen circumstances may be considered when provided with proof.

Safety

- Competitors enter and dance at their own risk. Lakeside Dance Challenge holds NO responsibility for an accident or injury to any persons associated with the event, either as a Competitor, Volunteer, or a member of the General Public, at any time
- Bullying, including inappropriate comments or actions will NOT be tolerated by Lakeside Dance Challenge and will result in instant disqualification, upon investigation
- Lakeside Dance Challenge will not be held responsible for any injuries sustained by any entrant throughout the event.
- Tricks are performed at your own risk.
- You must provide your own basic first aid.
- You must keep all areas of the venue clean and tidy to eliminate any hazards.
- All teachers must sign in with a valid WWC and any body in the dressing rooms must also do so on group day.
- Every under age performer must be accompanied by a parent or legal guardian who accepts full responsibility for the performer at all times.

Other

- Lakeside Dance Challenge reserves the right to change competition days or move location due to unforeseen circumstances and entries will not be refunded
- If a judge is unable to perform his/her duties, Lakeside Dance Challenge reserves the right to appoint a new judge without notice.
- The adjudicator's decision is final. Please do not speak to the judge at any time during the competition or attempt to contact the judge before the event. This will result in immediate disqualification.
- We reserve the right to refuse entry to any person
- Mobile phones must be switched onto silent when entering the auditorium
- We reserve the right to divide items with excessive numbers and combine age groups where there are insufficient entries.
- Lakeside Dance Challenge has the right to amend the program at any time, if necessary. This includes changing age dates.
- Tap shoe covers must be worn at all times when not on stage.
- Prizes are awards to 1st, 2nd and 3rd place winners at the discretion of the judge.
- Teachers, Parents, Performers and Choreographers must all be aware of what routines are being performed. If a performer has left a Studio or stopped working with a coach or choreographer, please ensure you have permission from past choreographers/teachers to be able to continue to perform routines whose ownership may be in question. We will disqualify a performance if it is not an approved performance and it is brought to our attention with proof. Lakeside Dance Challenge does not take any responsibility in this dispute and ask you please resolve this in a professional manner outside of the competition and off social media.
- We ask that any social media posts regarding Lakeside Dance Challenge are positive and encouraging. Any disputes regarding this will be taken very seriously.

