



TROUPE SYLLABUS 2026

AGE OF ELDEST COMPETITOR AT 1/1/26

**YOU MAY HAVE 2 DANCERS ONE YEAR OLDER
EG. 6YRS & UNDER SECTIONS CAN HAVE 2 7YRS OLDS.**

ENTRIES

WWW.COMPS-ONLINE.COM.AU

ENQUIRIES ADRENALINEDANCE2020@GMAIL.COM

ENTRY FEES

TROUPE SECTIONS – \$80

COMPETITOR PASSES – \$30

**ENTRIES WILL CLOSE WHEN AGE DIVISIONS
ARE AT CAPACITY**

TWO JUDGES FOR ALL COMPETITIONS

ENTRIES – WWW.COMPS-ONLINE.COM.AU

PAYMENT PLAN

EMAIL – ADRENALINEDANCE2020@GMAIL.COM

AGE GROUPS

AGE IS AT 1 JANUARY 2026

YOU CAN HAVE 2 DANCERS 1 YR OLDER

EG. 6YRS & UNDER SECTIONS CAN HAVE 2 7YR OLDS.

5YRS & UNDER

6YRS & UNDER

8YRS & UNDER

10YRS & UNDER

12YRS & UNDER

14YRS & UNDER

16YRS & UNDER

OPEN AGE

SMALL TROUPES 4 – 11 DANCERS

LARGE TROUPES 12 OR MORE DANCERS

SMALL AND LARGE TROUPES MAY BE COMBINED

DEPENDING ON ENTRIES

MAXIMUM 2 ENTRIES PER SECTION – IF SAME DANCERS

TIME LIMIT – 5 MINS MAXIMUM

ANY ROUTINES WITH MUSIC OVER 5 MINS WILL BE FADED

AT 5 MINS – PLEASE ENSURE YOU HAVE CUT YOUR MUSIC

TO CORRECT TIME.

SECTIONS

5/U TROUPES

JAZZ

LYRICAL

ANY STYLE

ALL OTHER AGE GROUPS

JAZZ

LYRICAL

CONTEMPORARY

BALLET

TAP

HIP HOP

ENTERTAINMENT – BROADWAY, MUSICAL THEATRE,
SONG & DANCE, ACROBATICS

HOW IT WILL WORK

**ALL TROUPES MUST DANCE IN ORDER OF PROGRAM –
ABSOLUTELY NO EXCEPTIONS
IF A FAST CHANGE IS REQUIRED WE WILL WAIT.**

**ALL COMPETITORS MUST PURCHASE A WRISTBAND PRIOR TO
COMPETITION.**

**NO DANCER WILL BE PERMITTED TO DANCE WITHOUT A
WRISTBAND.**

WE WILL HAVE TWO JUDGES AT EACH SESSION.

**EACH JUDGE WILL SCORE SEPARATELY, THEIR COMBINED
SCORES WILL BE ADDED TOGETHER AT THE SCORERS TABLE
AND PLACES WILL BE CALCULATED.**

JUDGES WILL NOT CONFER WITH EACH OTHER ON PLACINGS.

**AWARDS WILL BE AT END OF EACH SESSION.
ALL SECTIONS WILL BE PLACED, THEN THE HIGHEST SCORING
TROUPE FROM EACH AGE GROUP WILL BE ANNOUNCED.
CASH PRIZES FOR ALL HIGHEST SCORING ROUTINES.**

MUSIC

WE WILL BE USING MUSICUPLOADS.COM.AU

**YOU WILL NEED TO CREATE AN ACCOUNT AND
ONCE ITS TIME TO UPLOAD MUSIC WE WILL LET
YOU KNOW.**

**ALL MUSIC MUST BE UPLOADED BY DUE DATE.
IF YOUR MUSIC HAS NOT BEEN UPLOADED BY
DUE DATE YOU WILL NOT RECEIVE CRITIQUES.
LATE MUSIC WILL INCUR A \$15 ADMIN FEE PER
ROUTINE.**

**PLEASE MAKE SURE YOU HAVE A USB WITH
BACKUP MUSIC.**

A COUPLE OF THINGS

**PLEASE HAVE BIRTH CERTIFICATES FOR ALL DANCERS.
NO PROOF OF AGE COULD LEAD TO DISQUALIFICATION IF
DISPUTED.**

**IF YOUR TROUPE HAS ANY PROPS THAT REQUIRE CLEANING UP
AFTER THEIR ROUTINE, IT IS YOUR RESPONSIBILITY TO CLEAN
THE STAGE AND SUPPLY OWN CLEANING EQUIPMENT.**

**ALL DANCERS MUST HAVE ADULT SUPERVISION AT ALL TIMES.
ALL DANCERS MUST CHANGE IN DRESSING ROOMS ONLY.**

**ABSOLUTELY NO PHOTOGRAPHY IN CHANGE ROOMS
DO NOT USE TOILETS FOR CHANGING.
EVERYONE ATTENDS ADRENALINE DANCE AT THEIR OWN RISK.
JUDGES ARE NOT TO BE APPROACHED AT ANY TIME DURING
COMPETITION.**

**IF A JUDGE IS UNABLE TO PERFORM HIS/HER DUTIES AD
RESERVES THE RIGHT TO APPOINT A NEW JUDGE WITHOUT
NOTICE.**

VIDEO & PHOTOGRAPHY

**WE WILL HAVE THE AMAZING
POINTE, SHOOT, LOUE
AT ALL OUR COMPS.**

**NO PERSONAL VIDEOING OR PHOTOGRAPHY IS
ALLOWED.**

**ANYONE FOUND TO BE DOING THIS WILL RISK
DISQUALIFICATION FOR THEIR DANCER.**

CREDITS & REFUNDS

**ADRENALINE DANCE DOES NOT OFFER REFUNDS OR
CREDITS FOR TROUPE ENTRIES.**

**ALL DANCERS NAMES MUST BE ENTERED AND A
COMPETITOR PASS PAID FOR.**

NO REFUNDS FOR ANY COMPETITOR PASSES.

**NO DANCERS WILL BE PERMITTED ON STAGE WITHOUT A
WRISTBAND.**