

SOLO SYLLABUS 2026

ENTRIES

WWW.COMPS-ONLINE.COM.AU

ENQUIRIES ADRENALINEDANCE2020@GMAIL.COM

ENTRY FEES

SOLO SECTIONS - \$45

TITLE AWARD - \$25

BATTLEGROUND CHAMPIONSHIP - \$60

COMPETITOR PASS - \$35

ENTRIES WILL CLOSE WHEN AGE DIVISIONS ARE SOLD OUT

SOLOS - AGE AS AT IST DAY OF
SOLO COMPETITION
TWO JUDGES
TARKETT FLOORING

FINALS QUALIFYING - AGE YOU ARE AT FIRST DAY OF REGIONAL YOU ATTEND

SOLO DANCE LEUELS

NEWCOMERS

FOR DANCERS WHO ARE IN THEIR FIRST YEAR OF SOLOS.

INTERMEDIATE

UNDER 2 YEARS SOLO COMPETITION EXPERIENCE

ELITE

2 FULL YEARS OR MORE SOLO COMPETITION EXPERIENCE

SOLO AGE DIVISIONS

NEWCOMERS SECTIONS

FOR DANCERS WHO ARE IN THEIR FIRST YEAR OF SOLOS
THIS SECTION IS NOT INCLUDED IN HIGH POINT SCORE
44RS, 54RS, 64RS, 74RS, 84RS, 94RS, 104RS ONLY

DANCERS MAY ENTER AND REPEAT ROUTINE IN GENERAL AGE SECTIONS

GENERAL SECTIONS

44RS & UNDER, 54RS, 64RS, 74RS, 84RS, 94RS, 104RS, 114RS, 124RS, 134RS, 144RS, 154RS & OUER

OUERALL TOP TEN AGE DIVISIONS

6 & UNDER
7-8YRS INTERMEDIATE
7-8YRS ELITE
9-10YRS INTERMEDIATE
9-10YRS ELITE
11-12YRS INTERMEDIATE
11-12YRS ELITE
13-14YRS INTERMEDIATE
13-14YRS ELITE
13-14YRS ELITE
15YRS & OUER

SOLO DANCE GENRES

4YRS & 5YRS

JAZZ - BALLET - CONTEMPORARY

LYRICAL - OPEN - ANY STYLE

6YRS

JAZZ - LYRICAL - BALLET - CONTEMPORARY COMMERCIAL
OPEN -ANY STYLE - CONTEMPORARY TRADITIONAL
ENTERTAINMENT

INTERMEDIATE & ELITE AGE GROUPS 7YRS AND ABOUE

JAZZ

BALLET

CONTEMPORARY - COMMERCIAL CONTEMPORARY - TRADITIONAL

LYRICAL

HIP HOP

ENTERTAINMENT - TAP, BROADWAY, MUSICAL THEATRE, SONG & DANCE, ACROBATICS

OPEN - ANY STYLE

STUDENT CHOREOGRAPHY – MUST BE CHOREOGRAPHED BY THE DANCER

SOLO TITLE AWARD

TITLE AWARD CAN BE ADDED TO ANY OF YOUR ROUTINES
IN GENERAL SECTIONS.

IST, 2ND & 3RD PLACES PLUS CASH PRIZE WILL BE AWARDED IN EACH AGE DIVISION.

ADRENALINE TITLE AWARDS WILL BE JUDGED ON A SEPARATE SCORE SHEET.

THIS WILL BE SCORED ON H FACTOR

SOLO BATTLEGROUND CHAMPIONSHIP

THIS IS OUR CHAMPIONSHIP SECTION

DANCERS MAY REPEAT A ROUTINE OR PERFORM A NEW ROUTINE

BATTLEGROUND IS ALWAYS THE FINAL SECTION

OF THE SESSION

SECTION SCORING



AWARDS

AWARDS WILL BE AT THE END OF EACH SESSION

GENERAL SECTIONS

TITLE AWARDS

BATTLEGROUND CHAMPIONSHIP

OUERALL TOP TEN

FINALS QUALIFYING

TO QUALIFY FOR FINALS SECTIONS, DANCERS MUST RECEIUE A PRE ELITE, ELITE, HIGH ELITE OR STAR ELITE SCORE.

TO QUALIFY FOR THE ULTIMATE DANCER SOLOISTS MUST RECEIVE AN ELITE, HIGH ELITE OR STAR ELITE SCORE AT ANY 2026 REGIONAL.

ALL TROUPES THAT COMPETE AT A REGIONAL QUALIFY FOR OUR 2026 FINALS.

ENTRIES WILL OPEN ON WWW.COMPS-ONLINE.COM.AU AFTER EACH REGIONAL

PAYMENT PLANS

EMAIL - ADRENALINEDANCE2020@GMAIL.COM FOR MORE INFO

MUSIC

WE WILL BE USING <u>WWW.MUSICUPLOADS.COM.AU</u> FOR ALL MUSIC AND AUDIO CRITIQUES.

MUSIC WILL NEED TO BE UPLOADED ONCE NUMBERED FINAL PROGRAM IS RELEASED.

ALL MUSIC MUST BE UPLOADED BY DUE DATE.

IF YOUR MUSIC HAS NOT BEEN UPLOADED BY DUE DATE YOU

WILL NOT RECEIVE CRITIQUES.

LATE MUSIC WILL INCUR A \$15 ADMIN FEE PER ROUTINE.
PLEASE BRING USB WITH BACKUP MUSIC.

subheading

TIME LIMIT SOLOS 3 MINS

A COUPLE OF THINGS

DEPENDENT ON ENTRY NUMBERS - AGES MAY BE COMBINED.

WE DO NOT SEND OUT SCORES

IF YOUR DANCER HAS ANY PROPS THAT REQUIRE CLEANING UP AFTER THEIR ROUTINE, IT IS YOUR RESPONSIBILITY TO CLEAN THE STAGE AND SUPPLY OWN CLEANING EQUIPMENT.

ALL DANCERS MUST HAVE ADULT SUPERVISION AT ALL TIMES.

ALL DANCERS MUST CHANGE IN DRESSING ROOMS ONLY. DO NOT USE TOILETS FOR CHANGING.

EUERYONE ATTENDS ADRENALINE DANCE AT THEIR OWN RISK.

JUDGES ARE NOT TO BE APPROACHED AT ANY TIME DURING COMPETITION.

IF A JUDGE IS UNABLE TO PERFORM HIS/HER DUTIES AD RESERVES THE RIGHT TO APPOINT A NEW JUDGE WITHOUT NOTICE.

UIDEO & PHOTOGRAPHY

WE WILL HAUE THE AMAZING TEAM FROM POINTE, SHOOT, LOUE
AT EACH OF OUR EUENTS

NO PERSONAL UIDEOING OR PHOTOGRAPHY ALLOWED

CREDIT/REFUND POLICY

ADRENALINE DANCE DOES NOT OFFER REFUNDS

WE WILL OFFER A CREDIT TO ANOTHER REGIONAL

WITHIN THE SAME YEAR FOR THE FOLLOWING REASONS

INJURY OR ILLNESS WITH A MEDICAL CERTIFICATE AND

WE MUST BE INFORMED PRIOR TO START OF

COMPETITION