

17th, 18th, 19th July 2026

Solos, Duos, Trios & Vocals

# Inspire ARTS CHALLENGE

St Agnes Catholic HS, Rooty Hill

- ◆ Restricted & Open ◆ Tarkett Flooring ◆ Sponsored Prizes & Specialty Awards
- ◆ Dancer of the Decade ◆ 2026 Commercial & Technical Dancer Titles
- ◆ Inspire Cover Star ◆ 1st time on Stage ◆ DanceAbility ◆ Vocals
- ◆ All performers will receive an IAC Pin ◆ Music Uploads & Voice Critiques
- ◆ Syllabi & Entries via Componline

inspire  
*Arts Challenge*

[inspiredancefitness.pmw@gmail.com](mailto:inspiredancefitness.pmw@gmail.com)

Proudly Supporting

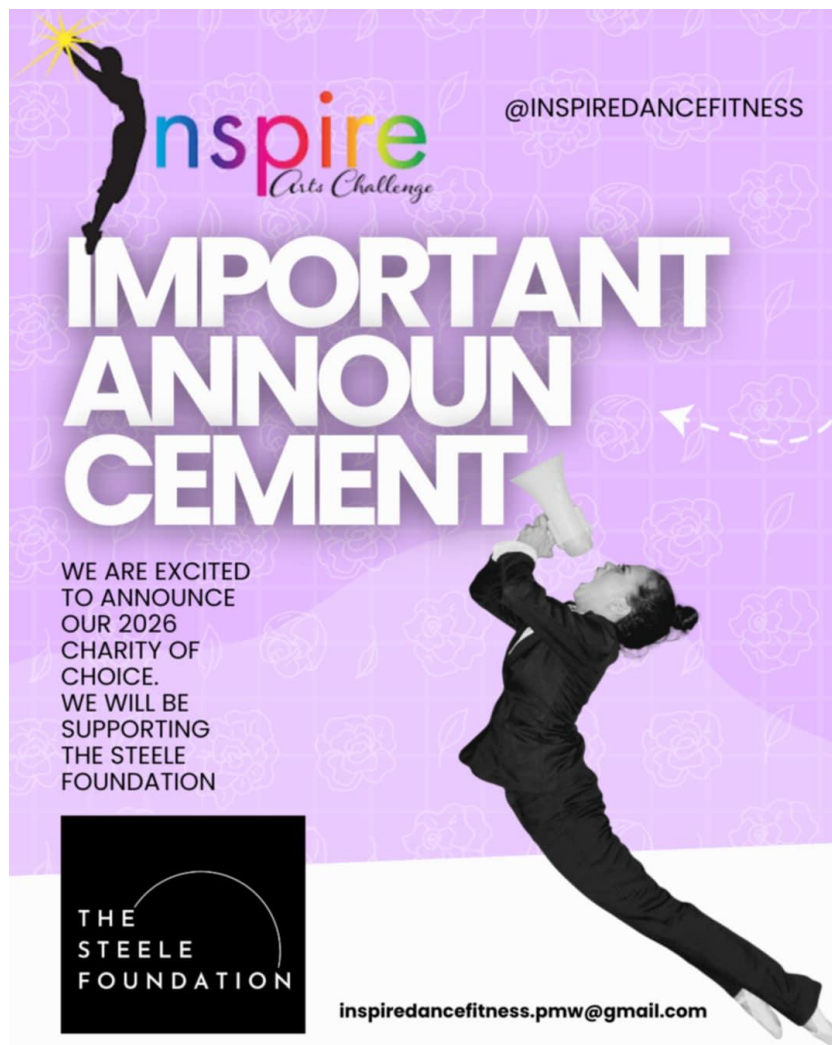
THE  
STEELE  
FOUNDATION

2026 Solo, Duo, Trio & Vocal Syllabus

# 2026 IAC - Solo, Duo, Trio & Vocals

## Details At A Glance

Venue & Dates	St Agnes Catholic High School, Rooty Hill Fri 17 <sup>th</sup> , Sat 18 <sup>th</sup> , Sun 19 <sup>th</sup> July 2026
Adjudicator/s	TBC via Social Media
Entries Open	Monday 2 <sup>nd</sup> February 2026
Entries Close	Monday 29 <sup>th</sup> June 2026 (earlier if full)
How to Enter	Comps on Line <a href="https://www.comps-online.com.au/">https://www.comps-online.com.au/</a> Further information found on <a href="http://www.petamarkhamward.com">www.petamarkhamward.com</a>
2026 Charity we are supporting	The Steele Foundation – Honouring Brendan & Olivia Steele
How to contact us	<a href="http://www.petamarkhamward.com">www.petamarkhamward.com</a> <a href="mailto:inspiredancefitness.pmw@gmail.com">inspiredancefitness.pmw@gmail.com</a>
Age Rule	Age as of 1 <sup>st</sup> day of competition - 17 <sup>th</sup> July 2026 All dancers must be at or under the age as of 17 <sup>th</sup> July 2026 Duo / Trio - Age as of 1 <sup>st</sup> January 2026
Entry Fees	Solos - \$28.50 Duos / Trios - \$17.50 / competitor Inspire Cover Star - \$10 / entry (see description for rules) Dancer of the Decade - \$25 (see description for rules)
Compulsory Program & Admin Fee	\$7 / entry. This will automatically added to your invoice.
Door Entry for Comp	Adults (15yrs+) - \$20 / session    \$30 / day (2-3 sessions) Conc / Child (5-14yrs) - \$12 / session    \$20 / day (2-3 sessions) Non School Age (0-4yrs) FREE  <b>CASH ONLY - PLEASE TELL ALL PARENTS / GUESTS</b>  <u>TEACHER ENTRY</u> - Each studio is permitted 1 teacher FREE ENTRY / session. Studio Directors / Teachers are asked to email <a href="mailto:inspiredancefitness.pmw@gmail.com">inspiredancefitness.pmw@gmail.com</a> who will be in attendance. Teachers will be given a wristband on arrival.
Socials	Instagram - <a href="https://www.instagram.com/inspiredancefitness/">https://www.instagram.com/inspiredancefitness/</a> Facebook - <a href="https://www.facebook.com/InspireDanceFitness">https://www.facebook.com/InspireDanceFitness</a> Website - <a href="http://www.petamarkhamward.com">www.petamarkhamward.com</a>



## HOW WILL WE SUPPORT THE STEELE FOUNDATION?

\$1 from EVERY act will be donated

ALL proceeds from Raffle, Self Videography & Photography Fees,  
Group Improvisation Gold Coin Entry & Online Donations.



### PLUS

We invite all **individuals, studios & schools** to rally behind the sick kids and donate Toys, Stationary Packs, Colouring In, Art & Craft etc to help pass the time during their difficult & lonely times in hospital.

**Want to know more information about THE STEELE FOUNDATION?**

<https://www.facebook.com/p/The-Steele-Foundation>

<https://www.instagram.com/the.steelefoundation>

<https://linktr.ee/thesteelefoundation>



# INSPIRE ARTS CHALLENGE 2026

*Be A Supporter*  
**SUPPORT YOUTH ARTS**  
**SUPPORT**  
**THE STEELE FOUNDATION**

- ◆ Cash Donations ◆ Vouchers ◆ GiftPacks
- ◆ Advertisements ◆ Opportunities ◆ Raffle Prizes
- ◆ Pop Up Stall ◆ Goody Bag Placement ◆ Volunteer

Proudly Supporting



**inspire**  
*Arts Challenge*



For more information on how you can be a Supporter & the benefits  
please DM me or [inspiredancefitness.pmw@gmail.com](mailto:inspiredancefitness.pmw@gmail.com)

If you are an Individual, Studio, Business or Creative we would love to invite you to support INSPIRE Arts Challenge & The Steele Foundation.

**ALL DONATIONS GRATEFULLY ACCEPTED.**

For more information email [inspiredancefitness.pmw@gmail.com](mailto:inspiredancefitness.pmw@gmail.com)

# Sections Available For 2026 IAC S/D/T & Vocals

<b>Solos - Babies (3-4 years)</b>	Ballet / Lyrical / Contemporary (O)	Jazz / HipHop (O)	Inspire Cover Star (Photographic) Please read description below
	Own Choice (O) – Tap, Demi Character, Musical Theatre (any genre not noted)	Vocal (O)	
<b>Solos - 6u, 8u, 10u, 12u, 14u, 15+</b>	<u>Commercial Category</u> Jazz (R / O)	<u>Commercial Category</u> Hip Hop (R / O)	<u>Commercial Category</u> Musical Theatre / Broadway (R / O)
	<u>Own Choice Commercial Category</u> (R / O) - Acro, Tap, Song & Dance, Student Choreography (in commercial category genre)		
	<u>Technical Category</u> Lyrical (R / O)	<u>Technical Category</u> Contemporary (R / O)	<u>Own Choice Technical Category</u> (R / O) - Ballet, Demi Character, Student Choreography (in technical category genre)
	1 <sup>st</sup> Time On Stage as a soloist - any genre Please read description below	DanceAbility - All Age Please read description below	Group Improvisation - various genres. Book in on the day - time permitting.
	Inspire Cover Star (Photographic) Please read description below	Dancer of the Decade (O) Please read description below	Vocals - Ballad
	Vocals - Musical Theatre	Vocals - Up Tempo	Vocals - Vocal Championship please read description below
<b>Duos / Trios</b>	<u>Commercial Duo / Trio</u> Jazz, HipHop, Tap, Musical Theatre, Acro, Song & Dance	<u>Technical Duo / Trio</u> Lyrical, Contemporary, Ballet, Demi Character	<u>Mixed Age Duo / Trio</u> min 4 years age difference between competitors ages. Any genre.

\* IAC will only offer Open categories in Babies & Restricted & Open categories in 6u to 15+

\* Restricted - includes the usual Specially Restricted & if you place 1<sup>st</sup> in SR you go to Restricted

\* Open - for performers who have placed 1<sup>st</sup> in Restricted

\* NOTE - just because you get a new routine or go up an age it does not mean you go back to Restricted. Once in Open for that genre - always in Open!

## Category Descriptions

**WHAT IS 1<sup>ST</sup> TIME ON STAGE?** - As the name implies it is for dancers competing for the 1<sup>st</sup> time as a soloist. They can perform ANY GENRE in this section. They are permitted to perform their routine 1x previously at another competition.

**WHAT IS DANCEABILITY?** – There is only one age category. DanceAbility is a section for performers with intellectual or physical disability. **DanceAbility** – 2026 will be the 4th year we are inviting DanceAbility dancers to perform. All performers in DanceAbility sections will receive a Participation Pin. Helpers / carers are welcome to perform with their dancer. This is about PERFORMANCE & INCLUSION rather than COMPETITION.

**WHAT IS INSPIRE COVER STAR?** – Inspire Cover Star is a photographic section. Dance is an artform and to capture emotion, lines, movement in a photograph takes skill from the photographer & dancer. For Only \$10 you can enter a series of images – *2 dance shots & 1 headshot*. Dance shots can NOT HAVE BRANDING FROM OTHER COMPS and they do not have to be taken by a professional photographer. They could be studio, posed, movement or outdoor shots. Headshot can be natural or fully made up. Can be colour or black & white. 4 categories – Babies (3-4years), Junior (6u, 8u), Intermediate (10u, 12u), Senior (14u, 15+). **How will it be judged?** What resonates with the adjudicator. Does it stir emotion. Are lines clean. Creativeness.

**What will they win?** A medal, certificate and Supporter Prize.

**How to enter?** Enter through CompsOnLine. Images are to be emailed to

[inspiredancefitness.pmw@gmail.com](mailto:inspiredancefitness.pmw@gmail.com) BEFORE 1<sup>st</sup> July 2026. Each photo should be labeled AGE NAME A / B / C ie 10 Sarah Jacobs A, 10 Sarah Jacobs B etc. Please include relevant insta handles ie dancers name, studio, photographer / costume / HMUA (if needed). Subject Heading INSPIRE COVER STAR.

### **WHAT IS DANCER OF THE DECADE? -**

#### **Inspire Arts Challenge 10th Anniversary Edition!**

In 2026, Inspire Arts Challenge celebrates an incredible 10 years of creativity, community and unforgettable performances — and we're marking the milestone with our most prestigious title yet: **DANCER OF THE DECADE**. This is *not* your average award. It's the ultimate showcase of versatility, artistry and commitment.

★ **How to Qualify** - To earn a spot in this elite event, dancers must enter 3 routines across different genres/categories — proving their range, passion and ability to shine in any style.

★ **The Big Night** - Qualified dancers will take the stage on Sunday evening in a stellar showcase featuring the very best emerging talent. Must perform a routine not already performed at IAC. With divisions across Junior (6u, 8u), Intermediate (10u, 12u) and Senior (14u, 15+), the stage will be alive with dancers who've truly earned their place in this decade-celebrating spotlight.

★ **What's Up for Grabs** - Our Dancer of the Decade winners will receive a Tiara, Certificate, Trophy, Supporter Prize, Cash & exclusive opportunity to feature in our 2027 Media Campaign.

**How to enter** - Through CompsOnLine. Places are limited so please do not delay.

This is your moment to shine brighter than ever, honour the last 10 years of Inspire Arts Challenge, and step into the next decade with unforgettable impact.

**Will YOU be our Dancer of the Decade?**

**WHAT IS BEST IAC COMMERCIAL DANCER?** - Best IAC Commercial Dancer is decided based on the best average score out of 3 of your commercial routines – Jazz, Hip Hop, Musical Theatre / Broadway & Own Choice Commercial Choice (See Table).

**How To Qualify** - **MUST ENTER JAZZ** and 2 other commercial genres (hip hop, musical theatre /broadway, acro, song & dance, tap, student choreography in commercial genre). Please note you can enter 2 routines in 1 section. In the event of a tie the Adjudicator will decide. Winner will win a Trophy /Plaque, Tiara, Certificate and a Supporter Pack thanks to our Sponsors. YOU SIMPLY ENTER 3 DIFFERENT COMMERCIAL GENRES TO QUALIFY – NO EXTRA FEE!!!!

**WHAT IS BEST IAC TECHNICAL DANCER?** - Best IAC Technical Dancer is decided based on the best average score out of your 3 Technical routines – Lyrical, Contemporary & Own Choice Technical Choice (See Above).

**How To Qualify** – MUST ENTER LYRICAL & CONTEMPORARY and own choice routine can be another Lyrical, Contemporary OR Ballet, Demi, student choreography in technical genre. Please note you can enter 2 routines in 1 section. In the event of a tie the Adjudicator will decide. Winner will win a Trophy /Plaque, Tiara, Certificate and a great Supporter Pack thanks to our Sponsors. **YOU SIMPLY ENTER 3 DIFFERENT GENRES TO QUALIFY – NO EXTRA FEE!!!!**

**WHAT IS VOCAL CHAMPIONSHIP?** - We're so excited to re-introduce **Vocals** to Inspire Arts Challenge as we celebrate our milestone 10th Anniversary — and what better way to bring it back than with our **Vocal Championship!** Think big notes, bold choices and loads of personality. This is where voices shine!

**How to Qualify** - To step into the Vocal Championship spotlight, singers must enter & perform in 2 different vocal categories. Choose any two – just make sure you bring variety and vibe! Must use backing tracks.

**Championship Rule** - You *must* perform a different song in the Vocal Championship round.

Fresh song, fresh energy, fresh wow-factor!

**How to Enter** - via CompsOnLine and follow the prompts to secure your place. Juniors (6u,8u), Intermediates (10u,12u), Seniors (14u, 15+)

**What You Can Win** - Our Vocal Champion will take home Medal, Certificate, Supporter Prize.

Get those vocal chords warm and those playlists ready — it's time to hit the high notes and celebrate a decade of Inspire Arts magic!

**WHAT IS GROUP IMPROVISATION?** - Dancers all hit the floor at once or in groups (dependant on entries). Various genres. Gold Coin Donation made on the day with all money going to THE STEELE FOUNDATION. Will run if time permits on the day. So please bring GOLD COIN (for each genre), suitable dance attire & creativity – NO COSTUMES – just regular dance attire.

## 2026 IAC Rules & Conditions

**AGE** – Age as of 1<sup>st</sup> day of competition – 17<sup>th</sup> July 2026

All dancers must be at or under the age as 17<sup>th</sup> July 2026.

Duo / Trio – Age as of 1<sup>st</sup> January 2026

**CLOSING DATE** - 29<sup>th</sup> June 2026

Entries may close early dependant on entries.

Notification of early close will be made on Inspire Dance & Fitness socials.

**LATE ENTRIES** - Late entries MAY (not guaranteed) be accepted and will incur an extra \$10 flat late fee. Late entries may be required to dance first. Notification of availability will be made through socials.

### HOW TO ENTER -

Online – [www.compsonline.com.au](http://www.compsonline.com.au)

Secure Payments online via PayPal & Credit Card Options.

INSPIRE Arts Challenge respects the privacy of all our users and we are committed to safeguarding the personal information which you provide us. To protect your privacy, we only collect information necessary to process your registration & purchases.

After you complete your online registration, you will receive an email confirmation from us containing your entry details. We are not responsible for incorrect entries. Once entries have been accepted, no refunds will be given unless the section is canceled.

### MEDIA RELEASE –

When you enter INSPIRE Arts Challenge you give consent for INSPIRE Dance & Fitness / INSPIRE Arts Challenge & affiliated IAC Supporters to use and retain the name & image of your child / students for the purposes of public relations, media & promotion in print or through the INSPIRE Dance & Fitness / INSPIRE Arts Challenge socials. This consent would remain in place unless you advise otherwise. If you have any questions or concerns regarding this please do not hesitate to contact [inspiredancefitness.pmw@gmail.com](mailto:inspiredancefitness.pmw@gmail.com)



### **AWARDS – (at Adjudicator's discretion)**

- ALL Performers SDT & Vocalists will receive an IAC Participation Pin to celebrate our 10years (performers to pick up)
- 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> medals for place winners (dependant on entries)
- Highly Commended certificates
- Some sections may have Supporter Prizes. Supporters will be announced on Socials so be sure to keep an eye out.
- Best Technical Dancer – Junior, Intermediate & Senior (Lyrical, Contemporary, Own Choice Technical) will win an awesome Supporter Prize Pack, Certificate, Tiara
- Best Commercial Dancer – Junior, Intermediate & Senior (Jazz, Hip Hop, Musical Theatre/Broadway, Own Choice Commercial) will win an awesome Supporter Prize Pack, Certificate, Tiara
- Inspire Cover Star – Babies, Junior, Intermediate & Senior will win Medal, Certificate & Supporter Prize
- Dancer of the Decade - Junior, Intermediate & Senior will win Tiara, Certificate, Trophy, Sash, Supporter Prize, Cash & exclusive opportunity to feature in our 2027 Media Campaign.
- Vocal Championship - Junior, Intermediate & Senior. Will win Medal, Certificate & Supporter Prize.

### **SEE ABOVE PAGE FOR MORE INFO ON SPECIALTY SECTIONS.**

#### **TIME LIMITS –**

Babies, 6u, 8u, 10u - 2.5 mins with a 10sec leeway before point deductions  
12u, 14u, 15+ - 3mins max before point deduction  
Music / Act will be timed from 1<sup>st</sup> movement / 1<sup>st</sup> sound to last movement / sound.

#### **PROMPTING –**

No prompting from side stage or in the audience is permitted for competitors 8u plus - this can lead to disqualification. Babies (3&4years) & 6u may have prompting – prefer to be done from the mid / back of the venue – this is to avoid little ones turning their heads to view side stage. Must not be in view of Adjudicator as to avoid distraction.

**CHANGE OF SECTIONS –** Please be honest with entries - Should you need to change your category ie Restricted to Open or 1<sup>st</sup> Time to Restricted please email [inspiredancefitness.pmw@gmail.com](mailto:inspiredancefitness.pmw@gmail.com) with all relevant details.

### **PROPS -**

- If reasonable to do so the dancers should set up & remove own props.
- Props are not to be stored in the hall throughout the day without previous permission. They can be placed backstage or front of house at the beginning of each section and must be removed immediately after use.
- No flammables or live flames are to be used.
- No use of live animals
- If you use petals, snowflakes, glitter, paper, loose feathers etc and it makes a mess on the stage YOU must clean it quickly & immediately after your act. Please notify backstage manager as we may ask you to dance last.
- If a prop is thrown from the stage / performance area into the audience and is deemed a hazard / dangerous this may lead to disqualification.
- ALL FREE STANDING PROPS MUST HAVE PROTECTIVE CAPS / RUBBER / FELT ON THE LEGS / BASE TO PREVENT DAMAGE TO TARKETT / FLOORS.

### **TAP SHOES -**

Please AVOID wearing tap shoes throughout the ENTIRE VENUE & the hall (request of venues & courtesy to other patrons) Use covers or put on side stage.

### **ARRIVAL -**

Competitors are encouraged to arrive at least an hour before to ensure adequate warmup, set up, registration & incase we are running early. We will endeavor to provide updates on socials. Please note we can not give individuals estimated arrival times. Check with your teacher if unsure how to work it out.

### **PROTESTS -**

Protests will only be accepted in writing, accompanied with a \$10 fee within 10mins of completion of section / award ceremony. The protest must be handed to an IAC Official who will communicate with convenor & adjudicator.

### **ADJUDICATORS -**

Under no circumstances should the Adjudicator be approached by anyone at their desk. This can lead to disqualification of associated studio / act.



## **DUTY OF CARE -**

Whilst we take all reasonable care with our events it is the responsibility of studio Directors / teachers/ parents that students / children remain in permitted areas and are behaving appropriately.

All competitors & spectators enter at their own risk. No responsibility will be taken for any accidents, injury or loss of property. This also applies to cars parked in the venue grounds.

## **REFUNDS -**

- Once entries have been accepted there will be no refunds unless the section is cancelled. You may transfer entries to another event.

- CoVid Refund Guarantee – should IAC have to be cancelled due to CoVid (government or venue cancellation) we will refund your entry fees minus your Comps OnLine Booking Fee or we can transfer to another event.

## **SMOKING -**

Smoking and vaping is prohibited inside venue & on school premises. You must exit the venue gate in order to smoke or vape. This is a rule & regulation from the venue. Failure to abide by this rule may lead to disqualification of associated competitors or if caught by venue staff / security may incur a direct fine.

## **DONATIONS & SPONSORSHIPS -**

If any individuals, studios or businesses would like to support 2026 IAC & our chosen charity – THE STEELE FOUNDATION we would love to hear from you.

- \* Advertising in program, socials, emails, website and announcements throughout the comp.
- \* Donate cash, services, opportunities, experiences or tangible prizes.
- \* Pop Up Stores at event
- \* Donation of Prizes for Raffle to support THE STEELE FOUNDATION
- \* Advertising / Product placement in Teacher Goody Bags & on advertising table.

You may nominate a section that you wish to support or leave it open to IAC to nominate. Please contact [inspiredancefitness.pmw@gmail.com](mailto:inspiredancefitness.pmw@gmail.com) for more information on how you can be involved.

**POP UP STORES -** If any individuals or businesses that are dance / arts / child friendly related (no studios) would like to have a Pop Up Store at IAC please contact [inspiredancefitness.pmw@gmail.com](mailto:inspiredancefitness.pmw@gmail.com)

**VIDEOGRAPHY / PHOTOGRAPHY** – In order to raise more funds for THE STEELE FOUNDATION we are allowing 2 (two) representatives from each act to take photos &/or video. **ONLY THEIR ACTS.** Must offer a **GOLD COIN** (minimum) **DONATION FOR EACH ACT.** Money to be put in money container in designated area. Representatives **MUST STAND / SIT IN DESIGNATED AREA.**

There is to be **NO PHOTOGRAPHY / VIDEOGRAPHY FROM THE AUDIENCE.** Failure to comply to these rules may lead to disqualification.

We would love if you could share any images / videos with us by emailing to [inspiredancefitness.pmw@gmail.com](mailto:inspiredancefitness.pmw@gmail.com) or DM'ing or posting & tagging.

A **photo media wall** will be made available for all students / teachers & parents. Please take those pics, post and tag @inspiredancefitness #2026IAC #inspireartschallenge and any supporters that have sponsored your section if you won.



## **MUSIC -**

Music Uploads Management is coming to us, we will now be using this service for our competitions. It's contactless, all online, and will help take out the stress of music issues that arise from time to time, Plus they offer Voice critiques and all in one storage location including the option to access the routine videos. As a requirement to enter into the competition you will be required to upload your music via this service," in the given time period" no other options will be given.

No CDs ,USB's will be used now as we are using this system totally contactless.

Music Uploads offer this service and include features that will handle our music. This is a low cost paid service, (less than the cost of a USB) and includes a full range of benefits for The Dancers, Parents, and Studio owners, and event organisers. You will be required to have a valid "music uploads cloud storage" this will allow you, to store your Music, Voice Critiques, and Routine Videos all in one location. Plans are charged at a Minimum of 3 to 12 months starting at less than \$1/month, Plus your music can be transferred to other participating

competitions all over Australia without having to re upload your music each time.

### Region Add-ons

For each competition that is entered, you will need to add a region to your cloud account. This will link the Music, Critiques and Videos so they can be transferred or viewed from one to the other. The fee for this is per Family, Studio or School is \$2.50, and there is no limit to siblings or students, it will just depend on your selected storage plan.

### How it works

- If you have already uploaded your music to this service before, you can simply purchase the region add-on, and transfer your music over to us.
- If you are new to this, you need to set up the cloud storage account first and confirm it is active.
- Upload your Music into the Storage Folder in your account.
- Transfer a copy of the songs to the Region, you can check them to make sure they are all correct.
- Done! No need to stress about your music now, as you now can see the music is 100% ready to go.

Just Remember, It is the responsibility of the competitors to ensure that they have the correct music files uploaded to each routine. You can change your music files at any time before the cutoff dates, and this is all done within your Music Uploads account, you have full control over this from now.

### Critiques and Videos

Critiques will be uploaded either on the day or after the event has finished. To access these, log into you Music Uploads account and on the main dashboard page look to the top Left of the screen or on a mobile device click on the Menu list.

If the onsite video company is collaborating with Music Uploads they will deliver your videos directly into your storage account.

### Support

If you would like some support there are videos located on the support page or you can send a ticket in, and one of the team members will respond to you. DO NOT Post on Social Media , Text or Message any questions to these pages, as the support team will not see them You must send a ticket from the support page so they can offer you some assistance.

From the Team at Music Uploads

[www.musicuploads.com.au](http://www.musicuploads.com.au)

**Dance & Community**

Proudly Supporting

**THE STEELE FOUNDATION**

**VOLUNTEERS NEEDED**

**inspire Arts Challenge**

Every year Inspire Arts Challenge calls on our amazing community and VET Entertainment Students to assist with making IAC a beautiful event for everyone & raise funds for charity, The Steele Foundation.

**What's In It For You?**

- ✓ Volunteering time at SDT, Vocals, Troupe, Education Events will fill your cup.
- ✓ VET Entertainment Students get accredited hours
- ✓ We provide food, drinks, gratitude & entertainment

**Want to join us?**

Email [inspiredancefitness.pmw@gmail.com](mailto:inspiredancefitness.pmw@gmail.com) to register interest  
Dates - 16, 17, 18, 19 July & 22, 23, 24 August