

14TH & 15TH SEPTEMBER
SOLOS - DUOS - TRIOS

Inspire Arts Challenge

ST AGNES CATHOLIC HS, ROOTY HILL

RESTRICTED & OPEN PASSIONATE & KNOWLEDGEABLE
ADJUDICATORS 2024 TECHNICAL & COMMERCIAL DANCER TITLES
DANCEABILITY TARKETT FLOORING VOICE CRITIQUES & MUSIC
UPLOADS SPONSORED SECTIONS ENTER VIA COMPS ON LINE °



inspire
Arts Challenge

PROUDLY
SUPPORTING

sharethedignity

PLEASE NOTE

This Syllabus only has information & rules pertaining to
September Solo / Duo / Trio Event.

2024 IAC S/D/T

Details At A Glance

Venue & Dates	Saturday 14th & Sunday 15th September 2024 St Agnes Catholic High School, Rooty Hill
Adjudicator/s	TBC via Social Media
Entries Open	Wednesday 31 st January 2024
Entries Close	Sunday 4 th August 2024
How To Enter	Comps On Line – https://comps-online.com.au/
2024 Charity We Are Supporting	Share The Dignity – “It’s In The Bag” Program https://www.sharethedignity.org.au/itsinthebag https://www.instagram.com/sharethedignityaustralia/
How to Contact Us	peta@inspiredancefitness.com.au 0409 399 440
Age Rule	Age as of 1 st day of competition – 14 th September 2023 All dancers must be at or under the age as of 14 th September 2023. Duo / Trio – Age as of 1 st January 2023
Entry Fees	Solos – \$25 Duos / Trios - \$15 per competitor
Compulsory Program & Admin Fee	\$7 per entry. This will be automatically added to your invoice. Original programs will be emailed 2-3 weeks before commencement of 2024 IAC Event Updated copies will be emailed and notifications and special notes will be posted on social media (FB & Insta) for all to see.

Door Entry For Troupe Comp	<table> <tr> <td>Adults (15yrs+)</td> <td>\$15 / session</td> <td>\$30 / day (2-3 sessions)</td> </tr> <tr> <td>Conc / Child (5-14yrs)</td> <td>\$10 / session</td> <td>\$20 / day (2-3 sessions)</td> </tr> <tr> <td>Non School Age (0-4yrs)</td> <td>FREE</td> <td></td> </tr> </table> <p>CASH ONLY</p> <p>TEACHER ENTRY – Each studio is permitted 1 teacher FREE ENTRY per session (morning, afternoon, evening). Studio Directors / Teachers will need to inform IAC via studio email of who will be attending so names will be at the door. Appropriate ID may be needed. Teachers will be given a wristband on arrival.</p>	Adults (15yrs+)	\$15 / session	\$30 / day (2-3 sessions)	Conc / Child (5-14yrs)	\$10 / session	\$20 / day (2-3 sessions)	Non School Age (0-4yrs)	FREE	
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Music Uploads & Voice Critiques	<p>Music Uploads Management (www.musicuploads.com.au) is coming to us, we will now be using this service for our competitions. It’s contactless, all online, and will help take out the stress of music issues that arise from time to time, Plus they offer Voice critiques and all in one storage location including the option to access the routine videos. As a requirement to enter into the competition you will be required to upload your music via this service," in the given time period" no other options will be given. No CDs ,USB’s will be used now as we are using this system totally contactless.</p> <p>Music Uploads offer this service and include features that will handle our music. This is a</p>									

low cost paid service, (less than the cost of a USB) and includes a full range of benefits for The Dancers, Parents, and Studio owners, and event organisers. You will be required to have a valid "music uploads cloud storage" this will allow you, to store your Music, Voice Critiques, and Routine Videos all in one location. Plans are charged at a Minimum of 3 to 12 months starting at less than \$1/month, Plus your music can be transferred to other participating competitions all over Australia without having to re upload your music each time. For different plans please refer to

<https://www.musicuploads.com.au/musicuploads/pricing>

Region Add-ons

For each competition that is entered, you will need to add a region to your cloud account. This will link the Music, Critiques and Videos so they can be transferred or viewed from one to the other. The fee for this is per Family, Studio or School is \$2.50, and there is no limit to siblings or students, it will just depend on your selected storage plan.

ENQUIRIES

peta@inspiredancefitness.com.au

0409 399 440

<https://www.facebook.com/InspireDanceFitness>

<https://www.instagram.com/inspiredancefitness>

**EXCITED TO
ANNOUNCE**

THIS YEAR INSPIRE ARTS CHALLENGE
WILL BE SUPPORTING

*share the
dignity*

IT'S IN THE BAG PROGRAM.

FOR MORE INFORMATION ON SHARE THE
DIGNITY HEAD TO
[HTTPS://WWW.SHARETHEDIGNITY.ORG.AU/](https://www.sharethedignity.org.au/)

inspire
Arts Challenge

Let's Band Together To Help Others

INSPIRE Arts Challenge 2024

is pleased to announce that they are Proudly Supporting



*share*the*dignity*

\$1 from EVERY act

will be donated to SHARE THE DIGNITY along with

**ALL proceeds from EVENT Raffle,
Self Videography & Photography Fees, Group
Improvisation Gold Coin Entry Fee.**

SOMETHING NEW IN 2024

We will be having a Collection Station where dancers / families / studios can donate to IT'S IN THE BAG program – either donate singular items or create a bag of essentials for Mum, Teen, Child or Bub fleeing DV.

(I will be posting details on Insta on how this will all work)

How Nice Would It Be For Those Less Fortunate to Receive A Bag Of Essentials & A Loving Handwritten Note – this could make their day!

Want to know more about **SHARE THE DIGNITY – IT'S IN THE BAG Program** and the work they do – check out their website

<https://www.sharethedignity.org.au/event/itsinthebag23/sponsor-a-bag> or like and

follow FB <https://www.facebook.com/sharethedignity> or Insta

<https://www.instagram.com/sharethedignityaustralia/>

Constant updates of \$ raised will be made on socials. Direct Deposit will be made to SHARE THE DIGNITY official account at the end of the IAC events along with all the IT'S IN THE BAG Donations. A receipt will be issued and will be presented on Socials.



**SUPPORT
YOUTH ARTS**

**BE AN IAC
SUPPORTER**

**HELP US SUPPORT OUR CHOSEN CHARITY & OFFER
YOUNG ARTISTS WAYS TO GROW & DEVELOP**

**LET US HELP YOU SPREAD THE
WORD ABOUT YOUR BUSINESS / SERVICE**

SEPT 2024

[PETA@INSPIREDANCEFITNESS.COM.AU](mailto:peta@inspiredancefitness.com.au)

PROUDLY
SUPPORTING



sharethedignity

*Are You An Individual, Studio or Business That
Would Like To Support IAC in 2024?*

All Donations (cash (as little as \$20), goods, services or opportunities) graciously received.

For more Information please email peta@inspiredancefitness.com.au

2024 IAC Rules & Conditions

AGE –

Age as of 1st day of competition – 14th September 2024

All dancers must be at or under the age as 14th September 2024.

Duo / Trio – Age as of 1st January 2024

CLOSING DATE -

Sunday 4th August 2024

Entries may close early dependant on entries.

Notification of early close will be made on Inspire Dance & Fitness socials.

LATE ENTRIES -

Late entries MAY (not guaranteed) be accepted and will incur an extra \$10 flat late fee. Late entries may be required to dance first. Notification of availability will be made through socials.

HOW TO ENTER –

Online – www.compsonline.com.au

Secure Payments online via PayPal & Credit Card Options.

INSPIRE Arts Challenge respects the privacy of all our users and we are committed to safeguarding the personal information which you provide us. To protect your privacy, we only collect information necessary to process your registration & purchases.

After you complete your online registration, you will receive an email confirmation from us containing your entry details. We are not responsible for incorrect entries. Once entries have been accepted, no refunds will be given unless the section is cancelled.

MEDIA RELEASE –

When you enter INSPIRE Arts Challenge you give consent for INSPIRE Dance & Fitness / INSPIRE Arts Challenge & affiliated IAC Supporters to use and retain the name & image of your child / students for the purposes of public relations, media & promotion in print or through the INSPIRE Dance & Fitness / INSPIRE Arts Challenge socials. This consent would remain in place for 5 years unless you advise otherwise. If you have any questions or concerns regarding this please do not hesitate to contact peta@inspiredancefitness.com.au

AWARDS – (at Adjudicator's discretion)

- All Dancers / Performers will receive an IAC Participation Pin.

- 1st, 2nd, 3rd medals for place winners (dependant on entries)

- Highly Commended certificates

- Some sections may have Supporter Prizes.

Supporters will be announced on Socials so be sure to keep an eye out.

- Best Technical Dancer – Junior, Intermediate & Senior (Lyrical, Contemporary, Own Choice) will win a Supporter Prize Pack

- Best Commercial Dancer – Junior, Intermediate & Senior (Jazz, Hip Hop, Own Choice) will win a Supporter Prize Pack

SEE FOLLOWING PAGE ON MORE INFO ON BEST TECHNICAL & BEST COMMERCIAL DANCER

TIME LIMITS – 3 mins max. including reprise

NOTE: Reprise is not essential

Should a performance go overtime by more than 10 seconds a deduction of 4 points will occur.

Music / Act will be timed from 1st movement / 1st sound to last movement / sound.

PROMPTING –

No prompting from side stage or in the audience is permitted for competitors 8u + - this can lead to disqualification. Babies (3&4years) & 6u may have prompting – prefer to be done from the mid / back of the venue – this is to avoid little ones turning their heads to view side stage.

CHANGE OF SECTIONS –

Please be Honest with entries - Should you need to change your category ie Restricted to Open or 1st Time to Restricted due to a win since entering please email peta@inspiredancefitness.com.au with all relevant details.

PROPS -

- If reasonable to do so the dancers should set up & remove own props.

- Props are not to be stored in the hall throughout the day without previous permission. They can be placed backstage or front of house at the beginning of each section and must be removed immediately after use.

- No flammables or live flames are to be used.

- No use of live animals

- If you use petals, snowflakes, glitter, paper, loose feathers etc and it makes a mess on the stage YOU must clean it quickly & immediately after your act. Please notify backstage manager as we may ask you to dance last.

- If a prop is thrown from the stage / performance area into the audience and is deemed a hazard / dangerous this may lead to disqualification.

- ALL FREE STANDING PROPS MUST HAVE PROTECTIVE CAPS ON THE LEGS / BASE TO PREVENT DAMAGE TO TARKETT / FLOORS.

TAP SHOES -

Please AVOID wearing tap shoes throughout the ENTIRE VENUE & the hall (request of venues & courtesy to other patrons)

ARRIVAL -

Competitors are encouraged to arrive at least an hour before to ensure adequate warmup, set up, registration & incase we are running early. We will endeavor to provide updates on socials.

PROTESTS -

Protests will only be accepted in writing, accompanied with a \$10 fee within 10mins of completion of section / award ceremony. The protest must be handed to an IAC Official who will communicate with convenor & adjudicator.

ADJUDICATORS -

Under no circumstances should the Adjudicator be approached by anyone at the desk. This can lead to disqualification of associated studio / act.

DUTY OF CARE -

Whilst we take all reasonable care with our events it is the responsibility of studio Directors / teachers/ parents that students / children remain in permitted areas and are behaving appropriately. All competitors & spectators enter at their own risk. No responsibility will be taken for any accidents, injury or loss of property. This also applies to cars parked in the venue grounds.

REFUNDS -

- Once entries have been accepted there will be no refunds unless the section is cancelled. You may transfer entries to another event.

- CoVid Refund Guarantee – should IAC have to be cancelled due to CoVid (government or venue cancellation) we will refund your entry fees minus

your Comps OnLine Booking Fee or we can transfer to another event.

SMOKING -

Smoking and vaping is prohibited inside venue & on school premises. You must exit the venue gate in order to smoke or vape. This is a rule & regulation from the venue. Failure to abide by this rule may lead to disqualification of associated competitors or if caught by venue staff / security may incur a direct fine.

DONATIONS & SPONSORSHIPS -

If any individuals, studios or businesses would like to support 2024 IAC & our chosen charity – Share The Dignity – “It’s In The Bag” Program we would love to hear from you.

* Advertising in program, socials, section board and announcements throughout the comp.

* Donate cash, services, opportunities, experiences or tangible prizes.

* Pop Up Stores at event

* Donation of Prizes for Raffle to support Share The Dignity

* Advertising / Product placement in Teacher Goody Bags & on advertising table.

You may nominate a section that you wish to support or leave it open to IAC to nominate. Please contact peta@inspiredancefitness.com.au for more information on how you can be involved.

POP UP STORES - If any individuals or businesses that are dance / arts / child friendly related (no studios) would like to have a Pop Up Store at IAC please contact peta@inspiredancefitness.com.au.

VIDEOGRAPHY / PHOTOGRAPHY – In order to raise more funds for Share The Dignity we are allowing 2 (two) representatives from each act to take photos &/or video. ONLY THEIR ACTS. Must offer a GOLD COIN (minimum) DONATION FOR EACH ACT. Money to be put in money container in designated area. Representatives MUST STAND / SIT IN DESIGNATED AREA.

There is to be NO PHOTOGRAPHY / VIDEOGRAPHY FROM THE AUDIENCE. Failure to comply to these rules may lead to disqualification.

We would love if you could share any images / videos with us by emailing to peta@inspiredancefitness.com.au or DM'ing or posting & tagging.

A photo media wall will be made available for all students / teachers & parents. Please take those pics, post and tag @inspiredancefitness #2023IAC #inspireartschallenge and any supporters that have sponsored your section if you won.



MUSIC -
Music Uploads Management is coming to us, we will now be using this service for our

competitions. It's contactless, all online, and will help take out the stress of music issues that arise from time to time, Plus they offer Voice critiques and all in one storage location including the option to access the routine videos. As a requirement to enter into the competition you will be required to upload your music via this service," in the given time period" no other options will be given.

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How it works

- If you have already uploaded your music to this service before, you can simply purchase the region add-on, and transfer your music over to us.

- If you are new to this, you need to set up the cloud storage account first and confirm it is active.
- Upload your Music into the Storage Folder in your account.
- Transfer a copy of the songs to the Region, you can check them to make sure they are all correct.
- Done! No need to stress about your music now, as you now can see the music is 100% ready to go.

Just Remember, It is the responsibility of the competitors to ensure that they have the correct music files uploaded to each routine. You can change your music files at any time before the cutoff dates, and this is all done within your Music Uploads account, you have full control over this from now.

Critiques and Videos

Critiques will be uploaded either on the day or after the event has finished. To access these, log into you Music Uploads account and on the main dashboard page look to the top Left of the screen or on a mobile device click on the Menu list. If the onsite video company is collaborating with Music Uploads they will deliver your videos directly into your storage account.

Support

If you would like some support there are videos located on the support page or you can send a ticket in, and one of the team members will respond to you. DO NOT Post on Social Media , Text or Message any questions to these pages, as the support team will not see them You must send a ticket from the support page so they can offer you some assistance.

From the Team at Music Uploads
www.musicuploads.com.au


BE FEATURED!

Adjudicator, Peta Markham-Ward has started a series of Motivational Moments & Adjudicator Tips for young performers, parents and teachers.

If you would like to be featured please send your images to peta@inspiredancefitness.com.au along with relevant insta handles.

Spread the Love! Encourage students to follow –
(NOTE: I am not a dance studio)


You've got to get up every morning with determination if you are going to bed with satisfaction.




@sajs_dancing_dream

If you get tired, learn to REST.

Do Not Quit!



@ally_mason



Confidence is showing up in every single moment like you are meant to be there.




@little_dancer_lylah
@performanceedgeda

When you change your perspective, challenges become opportunities



@kitta_jancok



Trust yourself!
You can do more than you think you can.



@xpeyton_downesx
@velocitypaofficial

Stay Positive & Good Things Will Happen



"Kensi" @keira_steg



Sections Available For 2024 IAC S/D/T

Solos – Babies (3&4 years)	Ballet / Lyrical / Contemporary (O)	Jazz / HipHop (O)	
Solos – 6u, 8u, 10u, 12u, 14u, 15+	Commercial Section Jazz (R/O)	Commercial Section Hip Hop (R/O)	Commercial Section Own Choice (R/O) – Acro, Musical Theatre, Broadway, Tap, Song & Dance, Student Choreography
	Technical Section Lyrical (R/O)	Technical Section Contemporary (R/O)	Technical Section Own Choice (R/O) – Ballet, Demi Character, Student Choreography
	1st Time On Stage As A Soloist– Any Genre	DanceAbility – 1 age section.	Group Improvisation – various genres. Not booked in till the day – time permitting.
Duos / Trios	Commercial Duo / Trio Jazz, HipHop, Tap, Musical Theatre etc	Technical Duo / Trio Lyrical, Contemporary, Ballet, Demi Character	Mixed Age Duo / Trio min 4 years age difference between competitors ages Any Genre

❖ We will only be offering Restricted & Open categories at this event along with our NEW 1st TIME ON STAGE AS A SOLOIST (Any Genre)

❖ **Restricted** – Will include the usual Specially Restricted & if you place 1st in SR you will go to Restricted

❖ **Open** – Is for performers who have placed 1st in Restricted

❖ **NOTE** – Remember just because you get a new routine or go up an age it does not mean you start at the beginning again in SR or R. Once in Open – always in Open.

WHAT IS 1st TIME ON STAGE? – As the name implies it is for soloists who are competing for the 1st time as a soloist. They perform ANY GENRE in that section OR you can enter in the general style specific.

WHAT IS DANCEABILITY? – There is only one age category. DanceAbility is a section for performers with intellectual or physical disability. DanceAbility – 2024 will be the 2nd year we are inviting DanceAbility dancers to perform. All performers in DanceAbility sections will receive a Participation Pin. This section is created for students who may have physical or mental disabilities. Helpers / carers are welcome to perform with their dancer. This is about PERFORMANCE & INCLUSION rather than COMPETITION.

WHAT IS BEST IAC COMMERCIAL DANCER? Best IAC Commercial Dancer is decided based on the best average score out of your 3 commercial routines – Jazz, Hip Hop, Own Choice (See Above). Please note you can enter 2 routines max. in 1 section. Junior (6u, 8u), Intermediate (10u, 12u), Senior (14u, 15+). In the event of a tie the Adjudicator will decide. Winner will win a Trophy /Plaque and a great Supporter Pack.

WHAT IS BEST IAC TECHNICAL DANCER? Best Technical Dancer is decided based on the best average score out of your 3 technical routines – Lyrical, Contemporary, Own Choice (See Above). Please note you can enter 2 routines in 1 section. Junior (6u, 8u), Intermediate (10u, 12u), Senior (14u, 15+). In the event of a tie the Adjudicator will decide. Winner will win a Trophy / Plaque and a great Supporter Pack.

GROUP IMPROVISATION - dancers all hit the floor at once or in groups (dependant on entries).

Various genres. Gold Coin Donation made on the day. Will run time permitting. Money raised will go to SHARE THE DIGNITY.