

2023 IAC

SOLO / DUO / TRIO

SYLLABUS

16TH, 17TH SEPTEMBER
SOLOS, DUOS, TRIOS

Inspire
Arts
Challenge

ST AGNES CATHOLIC HIGH SCHOOL
ROOTY HILL

° TARKETT FLOORING ° VOICE CRITIQUES & MUSIC UPLOADS
° SPONSORED SECTIONS ° ENTER VIA COMPS ON LINE °

SOMETHING DIFFERENT FOR YOU!
ENTRIES OPEN MON 13TH MARCH



@pawsstudio



2023 IAC S/D/T Details At A Glance

Venue & Dates	Saturday 16th & Sunday 17th September 2023 St Agnes Catholic High School, Rooty Hill
Adjudicator/s	TBC via Social Media
Entries Open	Monday 13 th March 2023
Entries Close	Sunday 4 th August 2023
How To Enter	Comps On Line – https://comps-online.com.au/
2023 Charity We Are Supporting	Variety – The Children’s Charity www.variety.org.au
How to Contact Us	peta@inspiredancefitness.com.au 0409 399 440
Age Rule	Age as of 1 st day of competition – 16 th September 2023 All dancers must be at or under the age as of 16 th September 2023. Duo / Trio – Age as of 1 st January 2023
Entry Fees	Solos – \$25 Duos / Trios - \$15 per competitor
Compulsory Program & Admin Fee	\$7 per entry. This will be automatically added to your invoice. Original programs will be emailed 2-3 weeks before commencement of 2023 IAC Event Updated copies will be emailed and notifications and special notes will be posted on social media (FB & Insta) for all to see.

Door Entry For Troupe Comp	<table> <tr> <td>Adults (15yrs+)</td> <td>\$15 / session</td> <td>\$30 / day (2-3 sessions)</td> </tr> <tr> <td>Conc / Child (5-14yrs)</td> <td>\$10 / session</td> <td>\$20 / day (2-3 sessions)</td> </tr> <tr> <td>Non School Age (0-4yrs)</td> <td>FREE</td> <td></td> </tr> </table> <p>CASH ONLY</p> <p>TEACHER ENTRY – Each studio is permitted 1 teacher FREE ENTRY per session (morning, afternoon, evening). Studio Directors / Teachers will need to inform IAC via studio email of who will be attending so names will be at the door. Appropriate ID may be needed. Teachers will be given a wristband on arrival.</p>	Adults (15yrs+)	\$15 / session	\$30 / day (2-3 sessions)	Conc / Child (5-14yrs)	\$10 / session	\$20 / day (2-3 sessions)	Non School Age (0-4yrs)	FREE	
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requirement to enter into the competition you will be required to upload your music via this service," in the given time period" no other options will be given. No CDs ,USB's will be used now as we are using this system totally contactless.

Music Uploads offer this service and include features that will handle our music. This is a low cost paid service, (less than the cost of a USB) and includes a full range of benefits for The Dancers, Parents, and Studio owners, and event organisers. You will be required to have a valid "music uploads cloud storage" this will allow you, to store your Music, Voice Critiques, and Routine Videos all in one location. Plans are charged at a Minimum of 3 to 12 months starting at less than \$1/month, Plus your music can be transferred to other participating competitions all over Australia without having to re upload your music each time. For different plans please refer to

<https://www.musicuploads.com.au/musicuploads/pricing>

Region Add-ons

For each competition that is entered, you will need to add a region to your cloud account. This will link the Music, Critiques and Videos so they can be transferred or viewed from one to the other. The fee for this is per Family, Studio or School is \$2.50, and there is no limit to siblings or students, it will just depend on your selected storage plan.

16TH & 17TH SEPTEMBER 2023
ST AGNES CATHOLIC HS, ROOTY HILL

inspire
Arts Challenge

@x.peyton_downes.x

@olivia.backyarddancer

Will You Be The Best
Technical or
Commercial Dancer
@2023 IAC?

PROUDLY SUPPORTING
 **variety**
the children's charity



let's Unite & We Can Help Others

2023 INSPIRE Arts Challenge
is pleased to announce that they are Proudly Supporting



\$1 from EVERY ACT

will be donated to VARIETY – The Children's Charity
Variety Heart Scholarships
along with

ALL Proceeds from EVENT RAFFLE & SELF VIDEOGRAPHY & PHOTOGRAPHY FEES

Want to know more about Variety – The Children's Charity; check out their website

www.variety.org.au

or like and follow FB <https://www.facebook.com/VarietyNSWACT> or

Insta https://www.instagram.com/varietyNSW_act/

Constant Updates of \$ raised will be made on socials. Direct Deposit will be made to Variety – The Children's Charity official account at the end of IAC Events. A receipt will be issued and will be presented on Socials.

For More Information
peta@inspiredancefitness.com.au

inspire
Arts Challenge

WE NEED YOU!
BECOME A
2023 IAC
SUPPORTER

**Help Us Support Youth Arts &
 Our Charity of Choice**

 **variety**
the children's charity
 improving young lives every day

**We Would like To Invite Individuals,
 Businesses & Studios to Become a
 2023 IAC Supporter.**

We are looking for Supporters for IAC- you can support by making a cash donation, offering goods or services, providing opportunities, advertising or volunteering at our event.

For more information please email peta@inspiredancefitness.com.au



2023 IAC Rules & Conditions

AGE –

Age as of 1st day of competition – 16th September 2023

All dancers must be at or under the age as 16th September 2023.

Duo / Trio – Age as of 1st January 2023

CLOSING DATE -

Sunday 4th August 2023

Entries may close early dependant on entries.

Notification of early close will be made on Inspire Dance & Fitness socials.

LATE ENTRIES -

Late entries MAY (not guaranteed) be accepted and will incur an extra \$10 flat late fee. Late entries may be required to dance first. Notification of availability will be made through socials.

HOW TO ENTER –

Online – www.compsonline.com.au

Secure Payments online via PayPal & Credit Card Options.

INSPIRE Arts Challenge respects the privacy of all our users and we are committed to safeguarding the personal information which you provide us. To protect your privacy, we only collect information necessary to process your registration & purchases.

After you complete your online registration, you will receive an email confirmation from us containing your entry details. We are not responsible for incorrect entries. Once entries have been accepted, no refunds will be given unless the section is cancelled.

MEDIA RELEASE –

When you enter INSPIRE Arts Challenge you give consent for INSPIRE Dance & Fitness / INSPIRE Arts Challenge & affiliated IAC Supporters to use and

retain the name & image of your child / students for the purposes of public relations, media & promotion in print or through the INSPIRE Dance & Fitness / INSPIRE Arts Challenge socials. This consent would remain in place for 5 years unless you advise otherwise. If you have any questions or concerns regarding this please do not hesitate to contact peta@inspiredancefitness.com.au

AWARDS – (at Adjudicator’s discretion)

- All Dancers / Performers will receive an IAC Participation Pin.
- 1st, 2nd, 3rd trophies / medals for place winners (dependant on entries)
- Highly Commended certificates
- Some sections may have Supporter Prizes. Supporters will be announced on Socials so be sure to keep an eye out.
- Best Technical Dancer – Junior, Intermediate & Senior (Lyrical, Contemporary, Own Choice) will win a Supporter Prize Pack
- Best Commercial Dancer – Junior, Intermediate & Senior (Jazz, Hip Hop, Own Choice) will win a Supporter Prize Pack

SEE FOLLOWING PAGE ON MORE INFO ON BEST TECHNICAL & BEST COMMERCIAL DANCER

TIME LIMITS – 3 mins max. including reprise

NOTE: Reprise is not essential

Should a performance go overtime by more than 10 seconds a deduction of 4 points will occur.

Music / Act will be timed from 1st movement / 1st sound to last movement / sound.

PROMPTING –

No prompting from side stage or in the audience is permitted for competitors 8u + - this can lead to disqualification. Babies (3&4years) & 6u may have prompting – prefer to be done from the mid / back of the venue – this is to avoid little ones turning their heads to view side stage.

CHANGE OF SECTIONS – Please be Honest with entries - Should you need to change your category ie Restricted to Open or 1st Time to Restricted due to a win since entering please email peta@inspiredancefitness.com.au with all relevant details.

PROPS -

- If reasonable to do so the dancers should set up & remove own props.
- Props are not to be stored in the hall throughout the day without previous permission. They can be placed backstage or front of house at the beginning of each section and must be removed immediately after use.
- No flammables or live flames are to be used.
- No use of live animals
- If you use petals, snowflakes, glitter, paper, loose feathers etc and it makes a mess on the stage YOU must clean it quickly & immediately after your act.
- If a prop is thrown from the stage / performance area into the audience and is deemed a hazard / dangerous this may lead to disqualification.
- ALL FREE STANDING PROPS MUST HAVE PROTECTIVE CAPS ON THE LEGS / BASE TO PREVENT DAMAGE TO TARKETT / FLOORS.

TAP SHOES -

Please AVOID wearing tap shoes throughout the ENTIRE VENUE & the hall (request of venues & courtesy to other patrons)

ARRIVAL -

Competitors are encouraged to arrive at least an hour before to ensure adequate warmup, set up, registration & incase we are running early. Constant updates will be made on socials.

PROTESTS -

Protests will only be accepted in writing, accompanied with a \$10 fee within 10mins of completion of section / award ceremony. The protest must be handed to an IAC Official who will communicate with convenor & adjudicator.

ADJUDICATORS -

Under no circumstances should the Adjudicator be approached by anyone at the desk. This can lead to disqualification of associated studio / act.

DUTY OF CARE -

Whilst we take all reasonable care with our events it is the responsibility of studio Directors /

teachers/ parents that students / children remain in permitted areas and are behaving appropriately. All competitors & spectators enter at their own risk. No responsibility will be taken for any accidents, injury or loss of property. This also applies to cars parked in the venue grounds.

REFUNDS -

- Once entries have been accepted there will be no refunds unless the section is cancelled. You may transfer entries to another event.
- CoVid Refund Guarantee – should IAC have to be cancelled due to CoVid (government or venue cancellation) we will refund your entry fees minus your Comps OnLine Booking Fee or we can transfer to another event.

SMOKING -

Smoking is prohibited inside venue & on grassed areas outside doors. You must exit the venue gate in order to smoke. This is a rule & regulation from the venue. Failure to abide by this rule may lead to disqualification of associated competitors or if caught by venue staff / security may incur a direct fine.

DONATIONS & SPONSORSHIPS -

If any individuals, studios or businesses would like to support 2023 IAC & our chosen charity – Variety – The Children’s Charity we would love to hear from you.

- * Advertising in program, socials, section board and announcements throughout the comp.
- * Donate cash, services, opportunities, experiences or tangible prizes.
- * Pop Up Stores at event
- * Donation of Prizes for Raffle to support VARIETY – The Children’s Charity
- * Advertising / Product placement in Teacher Goody Bags & on advertising table.

You may nominate a section that you wish to support or leave it open to IAC to nominate. Please contact peta@inspiredancefitness.com.au for more information on how you can be involved.

POP UP STORES - If any individuals or businesses that are dance / arts / child friendly related (no studios) would like to have a Pop Up Store at IAC please contact peta@inspiredancefitness.com.au.



VIDEOGRAPHY / PHOTOGRAPHY – In order to raise more funds for Variety – The Children’s Charity we are allowing 2 (two) representatives from each act to take photos &/or video. ONLY THEIR ACTS.

Must offer a GOLD COIN (minimum) DONATION FOR EACH ACT. Money to be put in money container in designated area.

Representatives MUST STAND / SIT IN DESIGNATED AREA.

There is to be NO PHOTOGRAPHY / VIDEOGRAPHY FROM THE AUDIENCE. Failure to comply to these rules may lead to disqualification.

We would love if you could share any images / videos with us by emailing to peta@inspiredancefitness.com.au or DM’ing or posting & tagging.

A photo media wall will be made available for all students / teachers & parents. Please take those pics, post and tag @inspiredancefitness #2023IAC #inspireartschallenge and any supporters that have sponsored your section if you won.



MUSIC -

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How it works

- If you have already uploaded your music to this service before, you can simply purchase the region add-on, and transfer your music over to us.
- If you are new to this, you need to set up the cloud storage account first and confirm it is active.
- Upload your Music into the Storage Folder in your account.
- Transfer a copy of the songs to the Region, you can check them to make sure they are all correct.
- Done! No need to stress about your music now, as you now can see the music is 100% ready to go.

Just Remember, It is the responsibility of the competitors to ensure that they have the correct music files uploaded to each routine. You can change your music files at any time before the cutoff dates, and this is all done within your Music Uploads account, you have full control over this from now.

Critiques and Videos

Critiques will be uploaded either on the day or after the event has finished. To access these, log into your Music Uploads account and on the main dashboard page look to the top Left of the screen or on a mobile device click on the Menu list. If the onsite video company is collaborating with Music Uploads they will deliver your videos directly into your storage account.

Support

If you would like some support there are videos located on the support page or you can send a ticket in, and one of the team members will respond to you. DO NOT Post on Social Media , Text or Message any questions to these pages, as the support team will not see them You must send a ticket from the support page so they can offer you some assistance.

From the Team at Music Uploads
www.musicuploads.com.au

COVID SAFE REQUIREMENTS IF REQUIRED BY NSW HEALTH &/OR VENUE -

INSPIRE Arts Challenge will be hosting a COVID safe event and will be following all necessary protocols handed down by the government &/or venue at time of the event. Constant updates will be made on socials, therefore it is a MUST that everyone is following

<https://www.instagram.com/inspiredancefitness/>

To enter any IAC events you must follow all protocols – these may include but not limited to:

- * Registering entry at the front desk via QR code
- * Follow directions from venue staff & IAC staff
- * Regularly use hand sanitizer and wash hands
- * Social distancing – according to government guidelines
- * Do not attend if feeling unwell or show any symptoms
- * You may be asked to arrive in 1st costume
- * There may be NO hair & make-up changes
- * There may be a NO PROP rule – only hand held props to be used
- * Try to avoid being in the building if you are not required – once you have completed your day we ask that you say goodbye and enjoy the rest of your day.

An inability to follow CoVid Safe Protocols and guidelines set out by government &/or venue may lead to disqualification &/or request to leave the venue. We appreciate your cooperation in keeping everyone safe & healthy.



Sections Available for 2023 IAC S/D/T

Solos – Babies (3&4 years)	Ballet / Lyrical / Contemporary (O)	Jazz / HipHop (O)	
Solos – 6u, 8u, 10u, 12u, 14u, 15+	Commercial Section Jazz (R/O)	Commercial Section Hip Hop (R/O)	Commercial Section Own Choice (R/O) – Acro, Musical Theatre, Broadway, Tap, Song & Dance, Student Choreography
	Technical Section Lyrical (R/O)	Technical Section Contemporary (R/O)	Technical Section Own Choice (R/O) – Ballet, Demi Character, Student Choreography
	1st Time On Stage As A Soloist – Any Genre	DanceAbility – 1 age section.	
Duos / Trios	Commercial Duo / Trio Jazz, HipHop, Tap, Musical Theatre etc	Technical Duo / Trio Lyrical, Contemporary, Ballet, Demi Character	Mixed Age Duo / Trio min 4 years age difference between competitors ages Any Genre

❖ We will only be offering Restricted & Open categories at this event along with our NEW 1st TIME ON STAGE AS A SOLOIST (Any Genre)

❖ **Restricted** – Will include the usual Specially Restricted & if you place 1st in SR you will go to Restricted

❖ **Open** – Is for performers who have placed 1st in Restricted

❖ **NOTE** – Remember just because you get a new routine or go up an age it does not mean you start at the beginning again in SR or R.

WHAT IS 1st TIME ON STAGE? – As the name implies it is for soloists who are competing for the 1st time as a soloist. They perform ANY GENRE in that section OR you can enter in the general style specific.

WHAT IS DANCEABILITY? – There is only one age category. DanceAbility is a section for performers with intellectual or physical disability.

WHAT IS BEST IAC COMMERCIAL DANCER? Best IAC Commercial Dancer is decided based on the best average score out of your 3 commercial routines – Jazz, Hip Hop, Own Choice (See Above). Please note you can enter 2 routines max. in 1 section. Junior (6u, 8u), Intermediate (10u, 12u), Senior (14u, 15+). In the event of a tie the Adjudicator will decide. Winner will win a Trophy /Plaque and a great Supporter Pack.

WHAT IS BEST IAC TECHNICAL DANCER? Best Technical Dancer is decided based on the best average score out of your 3 technical routines – Lyrical, Contemporary, Own Choice (See Above). Please note you can enter 2 routines in 1 section. Junior (6u, 8u), Intermediate (10u, 12u), Senior (14u, 15+). In the event of a tie the Adjudicator will decide. Winner will win a Trophy / Plaque and a great Supporter Pack.