

11TH, 12TH, 18TH, 19TH, 25TH, 26TH

**AUGUST, 2018**

HILLS SPORTS HS, SEVEN HILLS

ENTRIES CLOSE 22ND JUNE, 2018



**inspire**  
Arts Challenge

# Syllabus

GREAT PRIZES

IAC SHOWCASE

SPONSORED SECTIONS

PASSIONATE ADJUDICATORS

NOA MATSUDA  
2017 SNR IAC SHOWCASE WINNER

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**VENUE:** The Hills Sports High School –  
Best Rd, Seven Hills

**DATES:** 5<sup>th</sup> August 2018 – Improvisation Day (4<sup>th</sup> if needed)  
11<sup>th</sup>, 12<sup>th</sup>, 18<sup>th</sup>, 19<sup>th</sup> August 2018 – Solos, Duos, Trios, Quartets  
25<sup>th</sup>, 26<sup>th</sup> August 2018 - Troupes

**ADJUDICATORS:** TBC

**ENTRIES OPEN:** 8<sup>th</sup> January 2018                      **ENTRIES CLOSE:** 22<sup>nd</sup> June 2018 (earlier if needed)

**TO ENTER:** [www.comps-online.com.au](http://www.comps-online.com.au)

**AGE RULE:** Solos – Age as of 1<sup>st</sup> day of competition (6<sup>th</sup> August 2018)  
Duos / Trios / Quartets / Troupes – Age as of 1<sup>st</sup> January 2018 (See Rules for Full Explanation)

**ENTRY FEES:**

<b>Solos</b>	\$12.50 ea	<b>Duos/Trios/Quartet</b>	\$8.50 per competitor
<b>Troupes</b>	\$21 ea troupe	<b>Showcase</b>	\$20 ea act
<b>Strut Your Stuff</b>	\$8 ea		

**Improvisation Day** (Flat Rate for unlimited genres)

Babies (3-4years)	2 genres available	\$15 ea	10/u	6 genres available	\$40 ea
6/u	4 genres available	\$30 ea	12/u, 14/u,	9 genres available	\$45 ea
8/u	5 genres available	\$35 ea	15+		

**Programs** \$10 ea must be ordered with entries. Programs will be sent 2-3 weeks before commencement of INSPIRE ARTS CHALLENGE.

**Session Entry** Adults (15yrs +) - \$11 / session                      \$20 / 2-3 sessions

**At the Door** Concession / Children (6-14 years) - \$7 / session                      \$12 / 2-3 sessions  
Non School Age (0-5 years) - FREE

1 sibling FREE per dancer (*MUST enter with parent and dancer/sibling*)

**TEACHER ENTRY** – Each studio is permitted **2 teachers FREE ENTRY** per session (morning, afternoon, evening). Teachers must sign in at the door and should carry appropriate ID.

## ENQUIRIES

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# Let's Band Together To Help Others

## INSPIRE Arts Challenge 2018

is pleased to announce that they are supporting  
Ronald McDonald House, Westmead.



RONALD McDONALD  
HOUSE CHARITIES  
AUSTRALIA

Ronald  
McDonald  
House®  
WESTMEAD

## \$1 from EVERY entry

will be donated to Ronald McDonald House, Westmead along with

## ALL proceeds from EVENT Raffle.

Want to know more about Ronald McDonald House and the work they do –  
check out their website [www.rmhc.org.au](http://www.rmhc.org.au) or  
like and follow <https://www.facebook.com/rmhwestmead/>

Please do not hesitate to contact us if you would like a copy of our Third Party Fundraising Agreement with Ronald McDonald House, Westmead. Official Cheque Presentation will be made to Ronald McDonald House official representative at the end of the IAC event.



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### School Dance, Sport & Fitness Programs

- ☉ Dance (all styles including some cultural)
- ☉ Zumba & Zumba Strong
- ☉ Bounce & DansFit Dance Fitness
- ☉ Bootcamp
- ☉ Self Defence & Boxing
- ☉ Yoga, Pilates, Stretch & Strength
- ☉ Cheerleading
- ☉ Performance Choreography
- ☉ Specialised Workshops
- ☉ Vacation Care Programs
- ☉ Staff Classes – Staff Development Day or Weekly
- ☉ + Tailor Made Programs

### Event Entertainment

- ☉ Corporate & Private Events
- ☉ Weddings
- ☉ Flashmobs
- ☉ Floor Shows
- ☉ Singers & Musicians

### Adjudicating

- ☉ Eisteddfods
- ☉ Talent Quests
- ☉ Performing Arts Competitions
- ☉ Scholarship Days

### Inspire Arts Challenge Competition

- ☉ Convenor Dance & Vocal Eisteddfod
- ☉ Supporting & Mentoring Youth Arts Through Community & Business Involvement

### Artist Mentoring

- ☉ Guidance & Mentoring for Youth Artists
- ☉ Youth Artist Performance Opportunities



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Dance, Sport &  
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**New to 2018**

# IAC Improvisation Day

**Encourage - Enthuse - Enhance**

INSPIRE Arts Challenge is introducing a specialty Improvisation Day for ALL young performers. An opportunity to learn, grow and build your confidence whilst exploring your own personal style with friends, peers and gain professional feedback.

**SUNDAY 5<sup>th</sup> AUGUST 2018**

(4<sup>th</sup> if needed – Babies & 6/u will be on their solo days)

Flat Rate

Unlimited Genres – dance in a few or all genres

Dance in a large group, small group & soloist

Receive verbal feedback

Great learning experience

Awards can include Most Creative, Best Technical Style, Best Performer,

Most Improved, Best Musicality, Best Overall Improviser

Great for non solo dancers & seasoned soloists

**SPREAD THE WORD**

**JOIN US FOR A FUN DAY OF LEARNING & DANCING**

**CHECK OUT RULES & CONDITIONS FOR MORE INFO**



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# Great New Initiative Fun Holiday Experience

Coming Soon - January 2019!

## Performing Arts Camp

2 nights – 3 days

Dance, Fun, Learning, Friendship & Performance

Industry Leaders

Stay Tuned for More Info

<https://www.facebook.com/InspireDanceFitness/>

# RULES & CONDITIONS

- AGE** - Solos – Age as of 1<sup>st</sup> day of competition (5th August 2018)  
Duos / Trios / Quartets / Troupes – Age as of 1<sup>st</sup> January 2018  
Please note Proof of ID (birth certificate) may be requested if there is a query / protest
- CLOSING DATE** - 22<sup>nd</sup> June 2018
- LATE ENTRIES** - Late Entries may be accepted up until 30<sup>th</sup> June 2018 and will incur an extra \$5 fee per routine. Late Entries may be required to dance first. Notification will be made through email and social media.
- ALL ENTRIES TO BE MADE Online** – [www.comps-online.com.au](http://www.comps-online.com.au)  
And visit **INSPIRE ARTS CHALLENGE** to enter  
Secure Payments online via PayPal & CreditCard Options  
Entries will go online 8th January 2018

**INSPIRE Arts Challenge** respects the privacy of all our users and we are committed to safeguarding the personal information which you provide us. **INSPIRE Arts Challenge** uses Comps-Online for their online registration. To protect your privacy, Comps-Online only collect information necessary to process your registration and purchases.

Please read their privacy policy carefully before using the Comps-Online website. This information is collected to enable Comps-Online to process your registration and purchases and to enable users to retrieve lost passwords.

Comps-Online will only pass on necessary information provided by you, to us for administration and scheduling purposes. **After you complete your online registration, within a few minutes you will receive an email confirmation from eWAY and a Comps-Online invoice containing your order details. The organisers are not responsible for incorrect entries. Once entries have been accepted, no refunds will be given unless the section is cancelled.**

- MEDIA RELEASE** – When you enter **INSPIRE Arts Challenge** you give consent for INSPIRE Dance & Fitness to use and retain the name & image of your child for the purposes of public relations, media & promotion in print or through the INSPIRE Dance & Fitness Facebook page & website. This consent would remain in place for 3 years unless you advise otherwise.

## 6. SECTIONS ON OFFER: **HIGHLIGHTED = new 2018 IAC Sections**

<b>Solos - Babies (3&amp;4 yrs)</b>	Ballet (R / O)	Jazz/JFH (R / O)	<b>Lyrical / Contemp (R / O)</b>	<b>Improvisation Unlimited – Ballet, Jazz</b> (held on solo days)
<b>Solos - 6/u</b>	Ballet (SR / R / O)	Jazz/JFH/Hip Hop (SR / R / O)	Lyrical (SR / R / O)	Contemporary (SR / R / O)
	Tap - Any (SR / R / O)	Variety Can include Demi Character, Song & Dance, Musical Theatre, Cultural, Ballroom, Acro, Any other dance styles	<b>Strut Your Stuff Jnr (5-9 years) (O)</b>	<b>Jnr IAC Showcase (5-9 years) (O)</b>



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	<b>Improvisation Unlimited - Ballet, Lyrical, Tap, Jazz</b> (held on solo days)			
<b>Solos - 8/u</b>	Ballet (SR / R / O)	Jazz (SR / R / O)	JFH/HipHop (SR / R / O)	Tap – Slow / Waltz (SR / R / O)
	Tap – Straight / Fast (SR / R / O)	Lyrical (SR / R / O)	Contemporary (SR / R / O)	<b>Song &amp; Dance (SR / R / O)</b>
	<b>Vocal Only (R / O)</b>	Variety Can include Demi Character, Musical Theatre, Cultural, Ballroom, Acro, Any other dance styles	<b>Strut Your Stuff Jnr (5-9 years) (O)</b>	<b>Jnr IAC Showcase (5-9 years) (O)</b>
	<b>Improvisation Unlimited - Ballet, Lyrical, Tap, Jazz, Hip Hop</b>			
<b>Solos - 10/u</b>	Ballet (SR / R / O)	Jazz (SR / R / O)	JFH/HipHop (SR / R / O)	Tap – Slow / Waltz (SR / R / O)
	Tap – Straight / Fast (SR / R / O)	Lyrical (SR / R / O)	Contemporary (SR / R / O)	Song & Dance (SR / R / O)
	Vocal Only (R / O)	Variety Can include Demi Character, Musical Theatre, Cultural, Ballroom, Acro, Any other dance styles	<b>Strut Your Stuff Jnr (5-9 years) (O)</b>  <b>Strut Your Stuff Inter (10-13 years) (O)</b>	<b>Jnr IAC Showcase (5-9 years) (O)</b>  <b>Inter IAC Showcase (10-13 years) (O)</b>
	<b>Improvisation Unlimited – Ballet, Lyrical, Tap, Jazz, Contemporary, Hip Hop</b>			
<b>Solos - 12/u, 14/u, 15+</b>	Ballet (SR / R / O)	Jazz (SR / R / O)	JFH/HipHop (SR / R / O)	Tap – Slow / Waltz (SR / R / O)
	Tap – Straight / Fast (SR / R / O)	Lyrical (SR / R / O)	Contemporary (SR / R / O)	Song & Dance (SR / R / O)
	Vocal Only (R / O)	Variety Can include Demi Character, Cultural, Ballroom, Acro, Any other dance styles	<b>Strut Your Stuff Inter (10-13 years) (O)</b>  <b>Strut Your Stuff Snr (14+ years) (O)</b>	<b>Inter IAC Showcase (10-13 years) (O)</b>  <b>Snr IAC Showcase (14+ years) (O)</b>



	Musical Theatre (SR / R / O)	Student Choreography (see note for HSC works)	<b>Improvisation Unlimited</b> – Ballet, Lyrical, Tap, Jazz, Contemporary, Hip Hop, Prop, Thematic, Adjudicators Choice	
<b>Duos, Trios, Quartets</b>	Any Style permitted Same age groups as solos	<b>Mixed Age (min 4 years between competitors ages)</b>	<b>Vocal Only</b>	
<b>Troupes</b>	Ballet (Babies,6,8,10,12,14,15+)	Tap (Babies,6,8,10,12,14,15+)	Jazz (Babies,6,8,10,12,14,15+)	JFH/HipHop (8,10,12,14,15+)
	Lyrical (Babies & 6 – Lyr/Cont, 8,10,12,14,15+)	Contemporary (8,10,12,14,15+)	Musical Theatre (8, 10,12,14,15+)	Variety (8,10,12,14,15+) Can include Demi, Song & Dance, Cultural, Ballroom, Circus, Acro, Any other dance styles
	<b>IAC Showcase (Junior 5-9 yrs)</b>	<b>IAC Showcase (Inter 10-13yrs)</b>	<b>IAC Showcase (Snr 14Yrs +)</b>	<b>Vocal Only (Jnr – 11/u)</b>  <b>Vocal Only (12 yrs +)</b>
<b>Schools</b>	Primary K-2 Any style	Primary 3-6 Any style	Secondary 7-12 Any style	

- Specially Restricted and Restricted sections may be combined depending on numbers.
- Adjudicator will have the right not to award 1<sup>st</sup> place if they feel the competitor would benefit from more experience in their genre / category.
- Tap sections (Slow/ Waltz, Straight / Fast) have been combined .
- Troupes will be split into **small troupes (5 - 10 competitors)** and **large troupes (11 competitors & more)** dependant on entries. Please note competitor numbers on entry form.
- Troupes must have a minimum of 5 dancers/competitors
- **Competitors may enter more than one routine in any given section including solos, duos, trios, quartets and troupes. NOTE: IAC SHOWCASE can only be entered 1x / performer**

## 7. GENRE DESCRIPTIONS / DEFINITIONS –

- Specially Restricted** – for students who are new to competitions and/or have not placed 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> in that given genre at any age at any competition
- Restricted** – for students who have placed 1<sup>st</sup> in Specially Restricted in that given genre at any age at any competition
- Open** – for students who have placed 1<sup>st</sup> in Restricted in that given genre at any age at any competition

**NOTE: We ask that competitors make contact with INSPIRE ARTS CHALLENGE should your Ranking change prior to our competition. ie You may have entered as Restricted Jazz and then won at another comp meaning you need to go to Open.**

### **We are relying on your honesty.**

- Ballet** – may include Romantic Ballet, Classical Ballet, Neoclassical Ballet and can utilise non-traditional music as long as the technique and foundation remains true to style.
- Tap** – tap styles have been combined: Slow / Waltz Tap          Straight / Fast Tap
- Jazz / JFH (Babies, 6/u)** – This style can include straight jazz or a combination of traditional jazz basics fused with JFH/HipHop
- Jazz** – Straight jazz styles.
- Hip Hop** – JFH and street styles which can include a fusion of sub genres such as pop'n'lock, breakdance, whacking, voguing, dancehall etc



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- i. **Lyrical** – is commonly (but not necessary) performed to music with lyrics and movements are inspired by lyrics to express strong emotions or a story the choreographer/performer feels from the lyrics in the chosen song.
- j. **Contemporary** – contemporary dance tends to combine the strong and controlled legwork of ballet with modern dance's stress on the torso, and also employs abstraction, contract-release, floor work, fall and recovery, and improvisation characteristic of modern dance. Unpredictable changes in rhythm, speed, and direction are often used, as well. It sometimes also incorporates elements of non-western dance cultures.
- k. **Musical Theatre** – must be performed to a piece of music from a musical and preferable (but not essential) to encompass dance style from musical. Can include live vocals, mime or simply dance.
- l. **Song & Dance** – Competitors must use good quality tracks (**NO backing vocals present**). Competitors may use an original track for the DANCE break in Song & Dance but must revert back to instrumental track if finishing with vocal. Competitor must sing at least half of the song in Song & Dance. Microphone will not be available.

### NEW CATEGORY DIVISIONS FOR 2018

- m. **Vocal Only** – Competitors must use good quality tracks (**NO backing vocals present**). Microphone and stand will be available for performers. If you are using an instrument and require DI / amplification please note this on your entry and contact IAC on [peta@inspiredancefitness.com.au](mailto:peta@inspiredancefitness.com.au). Any genre is welcomed - There is no division of vocal sections.
  - Vocal Only Solo (R / O)
  - Vocal Only Duo / Trio / Quartet
  - Vocal Only Troupe
- n. **Variety (renamed – was Entertainment)** – this section is open to all styles / genres and acts that do not typically fit into one of the IAC categories. ie demi character, acrobatics, circus skills, contortion, musicians, comedy, cultural dance, ballroom dance, vocalist with backing dancers, vocalist/musician etc. The sky is the limit – as long as it is entertaining and age appropriate.

### NEW CATEGORY FOR 2018

- o. **Strut Your Stuff** – This is new to IAC 2018. An opportunity for young performers to “Strut Their Stuff”. Performers will be required to **wear any combination of denim and white** and they will have 1minute to 1 minute 15 seconds to walk the stage individually and showcase their walk, their personality, their confidence and poses. A bell will be rung at 1min to indicate to performer when to exit. Entrance must be from UPSTAGE OP. Exit must be to UPSTAGE PROMPT.  
Once everyone has walked individually they will all walk back on in one line and set up front of stage for final poses and judging. Music will be supplied by IAC. (Jnr 5-9years, Inter 10-13years, Snr 14years+).

### NEW CATEGORY DIVISIONS FOR 2018

- p. **IAC Showcase** – Students can enter the IAC SHOWCASE with any new or previously performed act.  
Only 1 act / person / troupe.  
Junior Showcase is open to 5-9 years ONLY  
Intermediate Showcase is open to 10-13 years ONLY  
Senior Showcase is open to 14 years +  
**1<sup>st</sup> Place of \$100 cash & prize pack & certificate** awarded to both Junior, Intermediate & Senior Showcase winner.  
**Runner Up** – Prize Pack & certificate awarded to both Junior, Intermediate & Senior Showcase  
To qualify to enter acts/performers must have competed in at least 3 other sections throughout IAC (improvs included) for that particular person or age group troupe. **Limited Spaces SO GET IN QUICK!**  
le Sally Smith has entered & danced in 10/u Tap, Jazz & Improv-HipHop (Junior Showcase) –  
ABC Dance Studio has entered & danced in 14/u Jazz, 14/u Hip Hop & 14/u Contemporary (Senior Showcase)
- q. **Student Choreography** – choreographers must be students (not deriving income from teaching/performing). Routines do not need to be performed by choreographer and can include more than 1 dancer. Student choreography can also include HSC works (Core Composition, Core Performance, Major Composition, Major Performance). This is a great opportunity for HSC students to receive feedback on their works and for dancers to get experience performing.

### NEW CATEGORY FOR 2018

- r. **Mixed Age Duo / Trio / Quad** – a fun section where we encourage dancers of various ages to perform together. Must have a **minimum of 4 years difference** between performers. Can be any style. Can be a teacher / student, student teacher / student, senior / junior, also great for siblings etc.

### NEW CATEGORY FOR 2018

- s. **Unlimited Improvisation Day** – performers can participate in a day of unprepared improvisations - please see separate section for all the information on how the day will run. **SEE PAGE 15 for FULL EXPLANATION ON HOW THE DAY WILL RUN.**



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## 8. PRIZES (at adjudicators discretion)

**ALL Competitors will receive a Certificate of Participation**

Therefore it is integral that spelling of all names are correct on Entry Forms for Soloists, Duos, Trios, Quartets & Troupes (Studio Name)

Solos /Duos/Trios/Quartets – 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> (dependant on entries) + Highly Commended + Competitor Certificates + some sections may have Sponsor prizes

Troupes – 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> (dependant on entries) + Highly Commended + Performer Place Certificates + Studio/Competitor Certificate + some sections may have Sponsor prizes

**Other prizes may arise with sponsorship and donations.**

**These will be notified via Facebook page so stay tuned.**

<https://www.facebook.com/InspireDanceFitness/>

## 9. MUSIC -

A sound system will be available to play CD's ONLY.

Please ensure that music is recorded at good quality and on CD-R.

Always have a back up CD

1 track / CD

Please label CD with studio name or competitor's full name and section ie Sally Jones 10/u Jazz

Music must be handed in at least 2 sections before competitors section or when called for.

Music can be on Ipod / tablet – Seperate Playlist, NO LOCK, Airplane Mode and NO SCREEN TIMEOUT

## 10. TIME LIMITS -

Solos, Duos, Trios, Quartets

3 minutes max. Including reprise

Troupes

5 minutes max. Including reprise

Vocal Only

3 minutes max. Including reprise

Strut Your Stuff

1 min – 1minute 15secs (music supplied by IAC)

Improvisations

1 min (music supplied by IAC)

NOTE: Reprise is not essential

11. **PROMPTING** - No prompting from side stage or in the audience is permitted for competitors 7 years + – this can lead to disqualification.  
Babies (3&4yrs) & 6/u may have prompting – prefer to be done from the mid/back of the hall (preferable centred behind adjudicator is fine). The reason for avoiding side stage prompting is to avoid young dancers performing with their head turned the entire time.
12. **PROPS** - If reasonable to do so competitor should set up and remove their own props  
Props are not to be stored in the hall throughout the day. They can be placed backstage or front of house at the beginning of each section and must be removed immediately after use.  
No flammables or live flames are to be used  
No use of live animals  
If a prop is thrown from the stage into the audience and is deemed a hazard / dangerous this may lead to disqualification ie a ball being thrown into audience could cause injury
13. **TAP SHOES** Please avoid wearing tap shoes in the hall (request of venue and courtesy to other dancers)
14. **ARRIVAL** Competitors are encouraged to arrive at least an hour before to ensure adequate warm-up, set up, registration etc and also in case we are running early. Constant Facebook updates will be made to keep competitors up to date with the days running so please ensure you LIKE and FOLLOW <https://www.facebook.com/InspireDanceFitness>
15. **PROTESTS** will only be accepted in writing, accompanied with a \$10 fee within 10 minutes of the completion of the section. The protest must be handed in to an Inspire Arts Challenge Official Representative.
16. **Adjudicators / Scribe** should not be approached by a teacher, performer or parent whilst they are at the desk. This can lead to disqualification of associated competitor/s. Any correspondence should be made through an Inspire Arts Challenge Official Representative.
17. If **insufficient numbers**, the committee reserves the right to amend or combine sections at their discretion. Refunds will be made if sections are cancelled.
18. All competitors and spectators enter at their own risk. No responsibility will be taken for any accident, injury or loss of property. This also applies to cars parked in the school grounds.
19. **REFUNDS** – Once entries are accepted there will be no refunds unless the section is cancelled.
20. Once the program has been completed, changes will not be allowed, unless it is an IAC error or dancers need to change from SRest to Rest or Rest to Open.
21. Competitors can not dance out of sections unless they dance for REPORT ONLY.
22. **SMOKING** – Smoking is prohibited on school grounds – therefore you MUST EXIT the school gate in order to smoke. This is a rule and regulation from NSW Department of Education. Failure to abide by this rule may lead to disqualification of associated competitor/s and / or if caught by school security / representative it can incur a direct fine.



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23. **DONATIONS & SPONSORSHIP** – If any individuals, studios or businesses would like to be involved with INSPIRE ARTS CHALLENGE we would appreciate your support as would our young artists.

- Advertising in program and updated syllabus, FB shout outs, website links, section board and announcements throughout comp
- Donate cash, services, opportunities or tangible prizes
- Pop up stores
- IAC Mini Market (on Sunday 26<sup>th</sup> August)
- Donation of prizes for Raffle to help support Ronald McDonald House, Westmead

You may nominate a section that you wish to support or leave it open to IAC to nominate. Acknowledgement and advertising support can be made throughout the lead up to the competition through FB and website, programme acknowledgement, verbal acknowledgement throughout the competition and placement of advertising materials throughout the competition. Please contact [peta@inspiredancefitness.com.au](mailto:peta@inspiredancefitness.com.au) for more information on how you can be involved.

24. **POP UP STORES & IAC MINI MARKET** – If any individuals or businesses that are dance / performing arts / child friendly related (no studios) would like to have a Pop Up Store at INSPIRE ARTS CHALLENGE please contact [peta@inspiredancefitness.com.au](mailto:peta@inspiredancefitness.com.au) for more information. We will also be creating a market style feeling outside under the COLA during troupe weekend. Great way to share / advertise your product / service. It was a great success last year with everyone enjoying the sunshine, eating lunch and shopping.

25. **DVD** – An official operator from ADVANTAGE VIDEO PRODUCTIONS will be available throughout the INSPIRE ARTS CHALLENGE should you wish to obtain a copy of your performance. There is to be NO personal Photography OR Videography in the hall. Failure to comply to these rules may lead to disqualification of associated competitor/s. A photo opportunity area will be made for all students to have their photos taken with their awards and friends.

26. **CANTEEN** – A fully stocked canteen from THE CANTEEN CREW will be available for performers & patrons from the start of the day to 1hr before completion of the day or as we feel needed. Hot beverages and slushies will be provided by a Mobile Coffee Van on Troupe weekend.

# IAC Improvisation Day

## Encourage - Enthuse - Enhance

**What is it?** This is a fun filled day aimed at encouraging young dancers to love and showcase FREE MOVEMENT and TRUST THEMSELVES. Dancers will take part in unlimited genres of improvisation (see below for age genres) and all at one flat rate. This is for anyone who loves to dance – non solo dancers and seasoned soloists. It's about education, learning, being creative, being brave and having the knowledge that there is safety in numbers and adjudicators will offer verbal feedback throughout the day.

**When is it?** Sunday 5<sup>th</sup> August 2018. (4<sup>th</sup> if needed, Babies & 6/u Improvisations will occur on their solo days)

### Genres & Cost?

Babies 3-4 years	Ballet / Lyrical & Jazz / JFH	\$15 each both genres
6/u	Ballet, Lyrical, Tap, Jazz / JFH	\$30 each unlimited genres
8/u	Ballet, Lyrical, Tap, Jazz, Hip Hop	\$35 each unlimited genres
10/u	Ballet, Lyrical, Tap, Jazz, Contemporary, Hip Hop	\$40 each unlimited genres
12/u, 14/u, 15+	Ballet, Lyrical, Tap, Jazz, Contemporary, Hip Hop, Prop, Thematic, Adjudicators Choice	\$45 each unlimited genres

**How does it work? (Please read carefully and go through it with your dancer so they are somewhat prepared – will be explained on the day as well)**

- Each dancer will be given an allocated number to wear on the day – same number for each genre
- You can choose to do 1, 2 or all genres (*you must note your genres when entering on comps on line – then you can simply register or make changes at the beginning of your age bracket on the day*)
- Dance space is on the floor with audience surrounding them on same level (except Babies & 6/u who will do theirs on the stage as same day as their solo day)
- Dancers listen to allocated music first
- Dancers dance in groups 1<sup>st</sup>, group numbers are dependant on competitor numbers and age of dancers
- Dancers will then line up in front of adjudicator & receive verbal feedback from adjudicator
- Dancers will then have an opportunity to perform in smaller groups or possibly soloists to really showcase their skills, that they listened to adjudicators feedback, trying to implement suggestions from



SAVANNAH MOBLEY  
2017 JNR IAC WINNER



NOA MATSUDA  
2017 SNR IAC WINNER

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adjudicator, that they have made good decisions and thought about what worked and didn't work the first time around

- NOTE: Tap improvisation dancers will dance as a soloist 2<sup>nd</sup> time around to really showcase audible rhythmic variations. Tap dancers (12years + only) could also be asked to participate in an acapella call and response circle – dancers stand in a circle, one dancer performs a short rhythm and everyone copies and you simply go around the circle till everyone has a go – be creative, think on the spot and show your musical prowess!
- Other improvisation activities could be implemented on the day for older age brackets (12years +) – ie battles
- Dancers will only receive verbal feedback throughout the day – NO individual written reports.

## Attire?

Ballet – Plain leotard, ballet stockings, ballet shoes, hair in bun with hair accessory if desired

Jazz, Tap, Lyrical, Contemporary, Prop, Thematic & Adjudicators Choice– Plain leotard, crop top and dance shorts or tights, stockings optional, hair accessory if desired – shoes to suit. Hair as desired.

Hip Hop – plain leotard, crop top or fitted top, plain dance shorts or baggy pants, shoes to suit. Hair as desired.

Plain – can be coloured, can have lace inserts, NOT PATTERNED, nothing that would be worn or deemed as a costume

Please NOTE that there will not be time to change between all sections so please make it simple. The only major change that will occur is between ballet and regular attire. I would suggest same / similar attire for all besides your number needs to remain on.

All dancers will be given a number to be worn for all of their improvisations – it is the dancer's responsibility to ensure they are pinned on so visible at all times (please bring safety pins).



## Prizes?

Yes, this is a competition but it is aimed at also being a great learning opportunity and to encourage more young dancers to be brave enough to tackle and experience IMPROVISATIONS.

There will be NO individual written reports – dancers will receive verbal feedback then and there from the adjudicator

Specially catered IAC Improvisation Awards can include – Most Creative, Best Technical Style, Best Performer, Most Improved between 1<sup>st</sup> and 2<sup>nd</sup> performance, Best Musicality, Encouragement, Best Overall Improviser

# Thanks for your Enquiry in to 2018 INSPIRE Arts Challenge

Can't wait to see you at IAC and any of our other events.

Enquiries – [info@inspiredancefitness.com.au](mailto:info@inspiredancefitness.com.au)

0409 399 440

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