



ENERGY EXPRESS EISTEDDFOD

Windsor RSL Club, 36 Argyle St South Windsor
Sunday 16th August – Babies, Juniors (6/8 Years) & 10 Years

*** Official film company – Magic Focus Media & Cumberland Studios**
*** Adjudicators:- TBC BUT ‘Young, Fresh & Fabulous’**

Contact Miss Rachael - 0419 410 920 or Email – studiorsd@gmail.com

Entries close 1st Aug 2026

All 1st, 2nd & 3rd Place getters in Solo/Duo/Trio sections (SR, Rest, OPEN) shall receive specialty EEE ‘Olympic Style’ logo Bronze, Silver & Gold Medals.

Ribbons will be awarded for Highly Commended & Achievement Awards.

Championship sections shall all receive Special Championship Certificates & Trophies.
Adjudicators Choice, Best Costume, Choreography, Musicality, & Most Entertaining routine certificates & prizes.



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Venue

Windsor RSL has a large wooden stage 7m X 5m. This venue DOES NOT have tarket. EEE will provide rosin for dancers. Both Male & Female toilets are in the foyer. All dancers MUST come dressed with hair & make up done. There is a small dressing room for dancers side of stage for quick changes. There is plenty of parking on-site at the venue.

Food & Beverages

Cafe 36 at Windsor RSL is open from 10am – 9pm & offers a range of lunch items and scrumptious treats as well as a variety of icy cold beverages & coffees. Drinks can also be purchased at the Bars within the RSL club & can be taken into the Auditorium throughout the event. No external food is to be consumed in the club.

SR – Dancers who have never previously placed in their chosen style

Rest – Those dancers who have placed 1st in SR section or 2nd & 3rd in Rest.

Open – Those dancers who have previously placed 1st

Elite – Those dancers who do more than 15+ hours of classes per week

Championships

Those entered in Championships, will only perform their new non repeat dance in the Championship sections & all other routines that Championship dancers are entered in at EEE will be included in results. Adjudicators are aware of the dancers who have entered Championships at EEE as its is noted on their spreadsheet. Championships is only available to Open & Elite dancers.

Improvisations

Improvisation dancers will receive notification via email by 5pm on Friday for their Improvisation song. Please listen to the song choice prior to competition day & be prepared as dancers will NOT re-listen to the song on competition day. Improvisation is 1min and will be any part of the song. Dancers DO NOT need a costume for Impro.

Competition

A competition is a situation in which two or more people or groups are trying to get something which not everyone can have. A competition is more than just one person, its 2 or more. A competition is an activity or condition of striving to gain or win something by defeating or establishing superiority over others. Please understand that EEE is running a competition, hence why there are combined variety sections in the program. This is to ensure that dancers are competing against another person in a competition environment.

Presentations

Miss Rachael will constantly announce results throughout the event & there are EEE 1st, 2nd, 3rd & HC Banners at the venues, where dancers can take photos. If time permits in the schedule, EEE will announce Junior results onstage as a big presentation. Please tag EEE on your socials @energyexpresseisteddfod.

EEE Sydney Titles

Those dancers who reach a top score of over 90% will be invited to EEE Sydney Titles to re-compete for EEE Overall Title Championships in their preferred style. This event will take place in February 2027.



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