

**Rules & Conditions –
BY ENTERING, YOU HAVE AGREED TO ABIDE BY
ALL RULES**

1. Age taken 1/1/2026.
2. All competitors perform at their own risk. EEE will accept **NO RESPONSIBILITY** for injury, accident or loss of property that occurs during the Eisteddfod & applies to all attending.
3. The adjudicators decision is **FINAL**. No one is permitted to approach the Adjudicator during the competition or during breaks.
4. All mobile phones must be switched to silent when within the auditorium. **ABSOLUTELY NO FILMING!!!**
5. All music **MUST** be emailed by midday of the due date before the competition starts. Any music not received by this time will incur a 0.5 deduction per routine. It is suggested to bring a spare copy of music on competition day on usb.
6. Distraction from the side of the stage will not be tolerated while a competitor is performing & could lead to disqualification. Prompting allowed for Babies & U/6.
7. Time Limits:- 2.5 - 3mins = solo/duo/trio/quad
4mins = Troupes
8. Entries may close earlier if the event is full
9. The minimum number of entries for each section will be four (4), except as EEE may decide.
10. EEE reserves the right to amend the program where necessary, appoint a substitute adjudicator, divide or join any section, or alter days, location or times, etc throughout the eisteddfod.
11. **ARRIVAL TIME: AT LEAST 45 MINUTES BEFORE ANTICIPATED TIME OF SECTION COMMENCEMENT.** Please adhere to this rule to avoid unnecessary time wastage. Those in finals sections of the day, **DO NOT BE LATE.**
12. Official video contractor available. **NO PRIVATE VIDEOS, DIGITAL CAMERAS OR PHONE CAMERAS ALLOWED.**
13. Vocal and Song & Dance entries are not permitted to use any pre-recorded vocals on their submitted music. Vocal solo has a microphone option at EEE.
14. Large sections in any category will be split in half & judged separately as two sections. (There will be a maximum of 15 items per section.)
15. **REFUNDS** will not be made on any entry fee paid once received by EEE. Those that choose to transfer their entry to another EEE will incur a \$15 admin fee. Transfer only applies prior to program being emailed. Dancers can not transfer for change of mind or clash of dates once the program has been emailed.
16. If any EEE event is cancelled due to a pandemic/venue cancellation/events beyond EEE control, a refund or transfer will be offered.
17. Injury/severe sickness/covid will need to provide proof in order for a transfer or refund.
18. Energy Express Eisteddfod will adhere to any special request for times or days **PRIOR** to the draft program being written.
19. Troupe Sections must contain a minimum of 5 dancers, with Troupe Age being the average of all competitors. Birth certificates may be asked for if age group is questionable!!! Honesty would be appreciated by all dance schools.
20. Any dancer who enters an EEE region after the entries close must pay \$2.50 per routine late fees.

21. Rachael Heggarty (event organiser) can be appointed adjudicator on competition day in an emergency. Rachael does not teach any competition kids/routines at any studio in Sydney. Rachael has over 25 years experience in the dance industry.

22. Section Title & Styles Available –

- Classical Ballet & Pointe / • Demi/ National Character
- Modern Lyrical / • Contemporary
- Jazz / • Hip Hop/
- Cabaret-Broadway-Musical Theatre
- Babies – Any Style
- Student Choreography / * Acro
- Slow/Fast/Waltz/Ensemble Tap
- Vocal Song / • Song & Soft or Hard Shoe

Variation – a re-do of a professional/popular ballet or tap routine. It's a piece compared to a standard.

Own Choice – Dancers can select their own performance piece which reflects their freedom to showcase their personal style/skill. Can be a double up of another category already entered

Age Groups –

Babies, (Junior) U/6, U/8, (Intermediate) U/10, U/12, (Senior) U/14, U/16 & OPEN

Improvisations- Ballet, Tap (any style), Jazz, Hip Hop, Modern, Contemporary. Students can wear anything for impro as there is no costume mark.

Elite – Those dancers who attend 15+ hours of dance classes per week. Elite section is for advanced open dancers & may also take part in Championships.

Open :- Are for those performers who have previously received 1st place at any Eisteddfod in that style.

Restricted :- Are for those performers who have previously received 1st in SR or are current 2nd & 3rd place getters at any Eisteddfod in that style (exc HC)

Specially Restricted:- Are for those performers who have **NEVER** previously received a place at any Eisteddfod in that style.

Once a dancers has moved up a level, they stay in that level whether performing anew routine or not. They also stay in that level when they change age groups.

Jazz/Modern/Contemp Championships – A New routines of any of the following styles - Cabaret, Funk, Hip Hop, Traditional Jazz, Modern or Contemporary. New routine **MUST NOT** be a repeat
To Qualify:- 2 dances required in OPEN sections – Jazz, Contemporary, Modern Lyrical, Acrobatics, Broadway/MT/Cabaret or Hip Hop.

Tap Championships – A New Tap Routines of any Tap style. New routine **MUST NOT** be a repeat
To Qualify – 2 dances required in OPEN sections – Fast, Slow, Waltz, Ensemble.

Ballet Championships – A New Routine of either Classical or Demi Character style. New routine **MUST NOT** be a repeat
To Qualify – 2 Dances required in OPEN sections – Classical, Demi Character, Contemporary or Modern Lyrical

*Those dancers who reach a top score of over 90% will be invited to **EEE Sydney Titles** to re-compete for EEE Overall Title Championships in their preferred style. This event will take place in February 2027.